Australian Troops Arrive in Afghanistan

A contingent of 200 Australian Defence Force personnel arrived in Afghanistan as part of a Netherlands-led Provincial Reconstruction Team under the NATO International Security Assistance Force’s stage III expansion into southern Afghanistan.

Australia’s contribution, known as the Reconstruction Task Force, is a mix of engineers and security personnel deployed to Afghanistan for up to two years to work on reconstruction and community-based projects as part of Australia’s commitment to assisting Afghanistan achieve a stable and secure future.

The Australian contingent will prepare the camp, for conducting planning, construction and trade training projects, and setting up the logistics supply chain for when the main body arrives later in the year.

The majority of the task force was drawn from the Darwin area and made up of personnel from the 1st Combat Engineer Regiment, which will provide combat engineers and tradesmen (carpenters, plumbers, electricians and plant operators) that will undertake the majority of the construction activities. This includes skills training for the local population to ensure the benefits of the deployment continue well after our personnel have returned home.

The Australian protective force was provided by the Brisbane-based Motorised Infantry of the 6th Battalion Royal Australian Regiment, equipped with Bushmaster vehicles; the 5th/7th Battalion of the Royal Australian Regiment (5/7 RAR), also with the Bushmaster; and the Darwin-based 2nd Cavalry Regiment with ASLAV light armoured vehicles. Command, logistics and support elements have come from the Darwin-based 1st Brigade.

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From the President’s Pen

With Annual Congress now behind us I would like to express my appreciation to sub-branches, Delegates and members who attended and participated in the celebration of the League's 90th Anniversary.

**National Congress**

Western Australia has set the standard for the conduct of any future National RSL Congress. The National President complimented WA on its organization and presentation of the Congress and said that States in the future would have to excel to match the WA effort. I share these comments with you and thank sub-branches that supported the organizing committee in the presentation of the Congress. Special thanks go to those members who paraded their colourful banners at the Opening Ceremony. They added dignity and spirit to the Ceremony and drew favourable comment from our overseas, interstate and local visitors. In all, over the Congress period, some sixty interstate delegates attended the various sessions of the Congress, with 350 guests attending the opening ceremony in Government House Ballroom. It was a special occasion, as Prof Constable AO was presented with his ANZAC Peace Prize award by The Governor-General, Mr. Greg Michael Joffe AC CVO MC (Retd). This was a highlight for the home-state, as Prof Constable was the first Western Australian to receive this prestigious award.

The Congress dinner, originally planned for 120 guests at ANZAC House, had to be relocated to Government House Ballroom when numbers exceeded two hundred. This was a delightful and relaxed occasion, where guests were entertained by music students from Ballajura Community College. In all, the event was hailed by our visitors as the best yet.

**ANZAC Day 2007**

We are pleased to announce that Celebrate WA, in association with RSL, will be making a grant to sub-branches of $500, to assist in the conduct of a Gunfire Breakfast following the traditional Dawn Service on ANZAC Day. This advice is offered to give ANZAC Day planning committees time to act in this event if they so desire. The next issue of the “Sub-Branch Signal” issued to Sub Branches will contain the fine prints and an “Application for Funding” form.

**RSL Raffle**

Thanks to those members who have promptly returned their sold raffle books. As the draw is taking place at the Remembrance Day Dinner we need to have all books – sold or not sold – returned no later than Monday 6th November, 2006. Please make every endeavour to sell your book of tickets. The proceeds of the Raffle go to your welfare.

**Country Liaison Visits**

Representatives from Headquarters have just completed a tour of sub branches in the Eastern Goldfields and Esperance areas. The State President, accompanied by State Secretary, State Vice President and Director of WA Veterans Affairs visited Merredin, Coolgardie, Kalgoorlie, Boulder, Leonora, Norseman, Esperance, Ravensthorpe, Lake Grace, Kalan and Kondinin, where they met with sub-branch members and local civic officers. The visit was warmly embraced by everyone and provided an opportunity to discuss many issues that affect the veteran community. A highlight of the visit was the presentation of a sub-branch Certificate to the newly-formed Leonora Sub Branch. The ‘touring party’ was also able to assess the needs of the local communities, with respect to the conduct of ANZAC Day Commemorative Services in their localities.

Early in November, the same group will be visiting sub-branches in the Great Southern and South Coast Regions of the State to assist in administration, welfare and ceremonial matters.

**FROM NATIONAL CONGRESS**

**Priorities**

During the National Congress period delegates debated over 150 motions from the wider Australian membership of the RSL. The results of their deliberations will form the basis of RSL Policy for the ensuing twelve months. As far as Veterans Affairs issues were concerned, the following five main areas became those that would be presented to government, for inclusion in their budget strategy:

1. Mental health disorders and rehabilitation
2. Aged Care facilities
3. TPI Pensions
4. Funeral Allowance
5. European POW Payment

There were many other issues that were identified however, States voted the five stated ones as those that should be addressed in that priority order. When details of the content of the above, have been developed sub-branches and members will be advised through future editions of the “Sub Branch Signal” and the Listening Post of the final submission.

It will be noted that the Minister announced the provision of $25m over five years to boost the integrity of the Gold Card. This arrangement was brokered by the National President and the Victorian State President with the Minister, as an out of budget arrangement. Thanks are extended to that group, for their contribution to ensure that veterans have ready access to quality health care.

**Gold Card**

National Congress also confirmed that Qualifying Service was an essential criterion for access to the Gold Card. It did, however, not preclude issue of the Card to other deserving groups, but only as an act of generosity by the government of the day.

**Australian Flag**

The WA motion that the Australian Flag, as described in The Flag Act 1953, be incorporated in the Australian Constitution, was totally supported. If supported by government this means that the Flag can only be changed by referendum through an alteration to the Constitution. It is believed that if this were to be the case, the Flag would have additional protection from those supporting change.

**Ceremonial Occasions**

Congress reaffirmed that ANZAC Day and Remembrance Day were those days that should have national importance. The League recognises and supports other important commemorative occasions, but believes the main focus for full commemorative activities should centre on ANZAC Day & Remembrance Day.

**National Service**

Despite media pressure for some comment on National Service, the League again voted not to support the reintroduction of National Service. While this may be the platform of several Unit & Kindred Associations, the general view of the RSL is, that in today’s society such a move would not be acceptable and that there should be better ways to ensure our ADF is kept up to strength.

**Immigration Policy**

How quick can it happen?

At National Congress the following motion was passed: ‘That the RSL urge the government to review Australian Immigration Policy, to make the learning of the English Language compulsory during the first two years of arrival in Australia.’

Within a week the government announced the proposed change to have English Language proficiency – within four years!

**SPONSORSHIP INITIATIVES**

I am pleased to confirm two major sponsorship initiatives and ask that members make every effort to support those who are willing to support the League.

**Rick Hart**

Within this issue of The Listening Post you will be provided with a separate flyer advertising special negotiated prices for members and their families, who purchase from Rick Hart Stores. The savings are substantial and are available to those associated with RSL.

**Westclub**

Westclubs will be partnering with RSL, in the provision of our Membership Cards. This will involve setting up a new centralised membership process which will be announced to sub-branch Membership Officers in November. The plastic credit card type RSL Membership Card will be personalised and offer Service Members automatic free membership to the highly successful Westclub Discount Scheme that operates throughout Western Australia. These exciting sponsorship initiatives will add value to your RSL Membership.

**Change of Financial Year**

Congress approved an amendment to State Rules to change the financial reporting period from the Calendar Year to the Financial Year.
Country visits to eastern goldfields

At Esperance, we met with some 50 veterans for a presentation and question and answer time. Good feedback was obtained during this session on matters affecting veterans’ affairs issues. Mention must be made of the unique, recently refurbished war memorial which is now a centre piece in parklands in the centre of the town.

On the return journey to Perth, our first stop at Ravensthorpe found two veterans who were determined to build their Sub-Branch together. With veterans from Hopeston and new members anticipated from the area, it is expected that the Sub-Branch will grow and prosper. We were pleased to be able to offer this group with advice on pensions and on medal entitlements.

Moving on to Lake Grace, we met a wonderful group of elderly veterans who were showing the flag at the RSL in that town. Of interest we noted that that Sub-Branch was formed in 1918, and had their original charter on the wall. Although in poor condition, the charter that was in need of refurbishment, was entrusted to us to take to Perth for re-framing.

Kalgoorlie, some short distance to the west, was another small sub-branch that was showing activity in the establishment of a project aimed at youth. Their Camp Hunt Project is one that will encourage positive interaction between veterans and the younger generation.

The final stop at Kondinin provided us with the opportunity to discuss with the president of the local Shire provisions for ANZAC Day services at nearby Hyden and in Kondinin itself. To support this group and the State Vice President, Graeme Sherriff will be visiting both towns for the 2007 ANZAC Day services.

After some 2,500km over three days the touring group felt that their face to face contact with the sub-branches and members gave them great insight into the differences between country and city RSL activities. We were warmly received at all centres and offered outstanding country hospitality. Without exception, country groups expressed a keen desire for future visits to ensure that the headquarters is well aware of the needs of country RSL sub-branches.

Tanks and ARV’s Arrive in Australia

The first 18 Abrams M1A1 AIM Main Battle Tank and five Hercules Armoured Recovery Vehicles (ARV) have arrived in Australia and were unloaded at the Port of Melbourne.

The new Abrams will provide the Army with increased firepower, mobility and survivability for soldiers on the battlefield. The Abrams will improve the Army’s network-centric warfare capability, supporting the development of a networked combined arms approach to operations – where the armour, infantry, artillery, aviation and engineers work together to support and protect each other.

The Abrams tank has been delivered in an AU$3 billion deal. This is a reflection of the improved acquisition process and very close cooperation between Army, Defence Materiel Organisation, Capability Development Group and Defence industry.

The Abrams will be moved from the Port of Melbourne to the School of Armour at Puckapunyal on the new Heavy Tank Transporter vehicles.

Perth’s Air Force Reserve Squadron Receives National Award

Perth’s Air Force Reserve unit No. 25 (City of Perth) Squadron, received recognition on Saturday 22nd September when the Governor presented the prestigious Air Force Reserve Trophies to the squadron.

The presentation parade took place at RAAF Base Pearce, and was reviewed by the Governor of Western Australia, His Excellency Dr Ken Michael AC, and was attended by dignitaries and families of squadron personnel.

The Air Force Reserve Trophy is awarded annually to the most proficient Air Force Reserve Squadrons. It recognises the important contribution made by the squadron to local and national Defence objectives, the high level of individual skills displayed by members of the squadron, and the squadron’s important achievements.

Recent years have marked an increased reliance on Reserve support for operational deployments, peacekeeping duties and other primary Defence activities. The presentation of the Air Force Reserve Trophy acknowledges

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Melbourne. (ARV) have arrived in Australia

Army’s network-centric warfare capability, supporting the development of a networked combined arms approach to operations – where the armour, infantry, artillery, aviation and engineers work together to support and protect each other.

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The Governor General of Australia officially opened RSL Care Menora

The Governor General officially opened the RSL Care facility at Menora during National Congress, in September this year. The Balljura Community College, school Choir, performed the Australian National Anthem. The facilities are equal to five star accommodation. The RSL Care Menora boasts a heated swimming pool, swimming pool spa, fully equipped hair dressing salon, an amenities room, and a fully equipped dining area, meals whose cost as low as $11.70 including sweets and coffee.

ADDRESS BY
HIS EXCELLENCY MAJOR GENERAL MICHAEL JEFFERY AC CVO MC

GOVERNOR-GENERAL OF THE COMMONWEALTH OF AUSTRALIA

ON THE OCCASION
OF THE OPENING OF THE RSL CARE WA MENORA GARDENS ESTATE

PERTH, WESTERN AUSTRALIA

13 SEPTEMBER 2006

Mr William Gaynor, State Premier, RSL, Western Australia - Mr Graeme Sherriff, Vice-President - Ms Linda Jackson, Executive Officer, Menora Gardens Estate - Distinguished guests all.

Thank you for your warm welcome to Menora and me. I can think of no finer reason to be here than to officially open this magnificent redevelopment project - and indeed to participate in this historic occasion for “RSL Care WA”. A very special word of thanks to the members of the Balljura School Barber Shop Quartet for their beautiful rendition of the National Anthem. In my role as Governor-General I travel the length and breadth of Australia meeting all sorts of people - be they along the Birdsville Track in Central Australia, at surf clubs, sporting fixtures, in university labs, on farms, during natural disasters such as in Basilisk in Far North Queensland earlier this year, in schools and in retirement centres such as yours. Wherever Menora and I visit we have the opportunity to meet literally thousands of Australians - most with a point of view and a story they’d like to share. Amongst the stories are those of the veteran community who courageously and loyal served our nation in times of conflict, along with members of the wider community who have also contributed to the prosperity of Australia through working hard, by raising families, by being innovative and sharing their knowledge and experience with others. And it is within this context of service and example to others that I think of the RSL. What an exceptional commitment was made to the domestic care of retired veterans more than forty years ago. We look back with gratitude to the foresight, determination and imagination of those who accepted responsibility for the needs of veterans in their retirement and established what was the forerunner to “RSL Care WA”. It’s a legacy of goodwill and practical works that is now being carried forward into the 21st century. And “RSL Care WA” continues to be motivated by a spirit of compassion and respect for the dignity of each individual. Menora is the contemporary vision of “RSL Care WA”. This Estate provides a wonderful space for living - the beautiful landscaping, the tasteful design of the independent living units and the lovely, inviting atmosphere of the meating area. It is the reaffirmation that older age provides a wonderful space for living - the beautiful contemporary vision of “RSL Care WA”. This Estate is not a short, down-hill run to obscurity, but rather a magnificent opportunity to be liberated from some of the strictures of work; a chance to explore, a time to follow a range of personal interests, and importantly to share a lifetime of knowledge and experience. In 1916, when the RSL War Veterans’ Home was established in Mt Lawley, there was little awareness of the understanding of the notion of an ‘ageing population’ Forty-five years on, we recognise only too well that we have an increasing life expectancy, a decreasing birth rate, and an ageing population, with people over the age of 65 increasing both numerically and proportionately. One hundred years ago, one in 25 Australians was over the age of 65. Today it is one in eight. By 201 it could be one in four. That’s why we are in the middle of a social transformation - creating different ways of living life - especially the latter part of it. This will clearly influence the demand for flexibility in housing options. There are also other issues, such as urban planning, public transport and renewable lifestyles and gentlemen. It comes as no surprise to learn that Menora Gardens Estate has been a popular choice from the outset - so much so that many people bought off the plans and not simply because of the physical attraction of the buildings and surrounds, I would suggest the popularity of this estate is also attributable to the caring reputation of the RSL. The community will always support organisations that aim above and beyond the norm - those who abide by the principle of doing right by others. As I noted in my speech at its National Congress yesterday, the RSL has been one of the great custodians of national values and Australian heritage since it was formed 90 years ago. Menora Gardens is an expression of the confidence the community has in the way the RSL does things and how it looks after people. Indeed this estate offers freedom of choice and provides the veteran and wider communities with facilities that are well above standard - both in appearance and the way they are managed. I am proud today to be opening not only a state-of-the-art facility, but also one which is run by an organisation whose values the whole country admires and who serve all those in their care with integrity and sensitivity. Mr Chairmain, Menora and I are delighted to be here to support the activities of “RSL Care WA” and to commend you and your team on this redevelopment project. We congratulate you on transforming Menora from a great idea into a superb reality. I’m sure in 50 years’ time the history books will note how “RSL Care WA” played a leading role in helping solve the growing challenge of providing relevant, well-balanced retirement living options. I wish you the ongoing success you deserve. And so, it is my great pleasure to unveil the commemorative plaque, to declare RSL Care WA Menora Gardens Estate officially opened. Thank you.

WARSL Bowls News

Welcome to the 2006 –2007 bowls season All members should have their new programmes by now. The first but spot trip to Meadow Springs was over-subscribed. So, get your entries in early to Archie for all the Pre-Christmas country trips.

The only action at the time of going to press was the annual engagement against the York and Northern Nashos at the Northern Bowling Club.

The Perth RSL team had a couple of late withdrawals but Ashley Salmon came to the rescue with some spare locals to make up the numbers, the rain stopped and the game began.

Unfortunately for the Perth team the local Nashos were too good. A Mundaring team, skipped by Jim Molek was the overall winner. The best RSL team was Bill Cowan (skip), John Wett, Bob Anderson, Wannawoo and Dean Calvo, Cunderdin. Thanks Dean, Neil Marsh had the best York team.

The scores were lost in the post!!!

A good time was had by nearly all. Once again the local ladies supplied ample quantities of food, and as with all country clubs the hospitality was outstanding.

Thank you folk, we look forward to seeing you all again next year.

DIGGERS’ DAY

Get your entries in to Ian Marshall for this tournament. Open to all serving and ex servicemen bowlers, hostel and co – sponsored by the Manning Memorial Bowling Club, December 8 in the day.

Cost is $60 per team with lunch supplied by the world famous Manning ladies cooks.

December 8 is the RSL Champion Triples, Entries to Max O’Loughlin for this championship, Doublesview is the host club. Get your team in early to avoid disappointment.

By the time you read this the selectors will have held their trials, so, if you are one of the lucky ones, this is the last tournament for 2006, is it your last chance to get some practice for the RSL Nationals in Melbourne.

Max Pleseer
Publicity Officer 9491 8991

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Decommissioning of HMAS Westralia

The Navy's Underway Replenishment ship, HMAS Westralia departed naval service in a historic ceremony in Fremantle, Western Australia, on April 26, revealing vital clues about his surroundings. Using the cumulative intelligence gathered from Al Qaeda's grand strategy as well as alienating as being divisive to the organisation and detracting all within Al Qaeda's ranks may have waved that Zarqawi's martyrdom is more likely to lead to an upsurge in violence and recruitment from those inspired by his self-sacrifice. His death will not weaken the resistance and will instead simply bump up the body count. While Zarqawi was successful in forging links with international terror groups and exporting violence in the region, and, through his exceptional PR skills was able to inspire and incite terror within the region (as seen in Jordan hotel bombings), he had little direct operational influence on terrorist cells beyond the Middle East. While those executing terror in London, Madrid, Northern Africa and Europe may have pledged allegiance to Zarqawi with their activities endorsed by Zarqawi, such events have taken place without his active involvement. The very nature of new terrorism promotes the independent activity of autonomous and decentralised terrorists so that they can operate without reporting through a hierarchical structure to a commander. The death of Zarqawi will not have any effect on the ability of these cells to organise and promote terror and, again, if anything, his death is more likely to generate more retaliatory attacks from sympathisers seeking to fill the power vacuum.

Zarqawi's role and influence in Iraq may have at first been overstated by US officials who presented him as the much-needed link between Al Qaeda and Iraq in their pre-war case for pre-empting attacking Iraq. While Zarqawi may have eventually fed up to the barbaric and bloodthirsty reputation somewhat created for him and earned his title as the "apostle of hate", documents recovered from the ruins near Baqubah revealed that he was finding the pressure of his increasing isolation and that his organisation was struggling to regain losses incurred by relentless US attacks and was already in decline. This bounty of Baqubah also revealed, significantly, that Zarqawi was also considering or carrying out attacks on US interests, likely attributed to fear, as in an effort to heighten the tension between America and its Shia supporters and detract the US from its strategy in Iraq. This, in addition to Zarqawi's failure to stop the vote in the 2005 Iraqi election and subsequent referendum would lead many security experts to question Zarqawi's real influence and strategic effectiveness. Acting as a galvanising symbol of ruthlessm, extremism and bloodthirsty fury, in the end, Zarqawi's death is a symbolic achievement rather than a strategic one. While it will act, momentarily, as a psychological boost for US-led coalition forces, for at least some time to come, the bloodshed will continue.

Handover Parade

The Force Information Support Team (FIST) has been busy producing distributing pamphlets to keep Timorese citizens up to date with changes to their country. The FIST, which provides logical support to the new colony of Australia between 1788-90, has been working hard to ensure the police force is well informed about the new arrangements. The ADF's mission is to assist the Government of Timor Leste to bring security, peace and confidence to its people.

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International police including Australian Federal Police (AFP), Malaysian Police, New Zealand Police and the Guardia Nacional Republicana (GNR) from Portugal, provide security in Dili. The police force is currently working closely with the United Nations Integrated Mission in Timor-Leste (UNMIT) and the UNAMI.

The military component stands ready to support the police as required.
A little more about “Smoking-related” claims:

Last issue I dealt with “Smoking Questionnaires” and their very important role in claims to the Department of Veterans’ Affairs for disability pensions, containing smoking as the “causal factor” in the development of disease. I explained that Australia’s unique situation among all other allied countries, in that it acknowledges this as a valid reason – and the history of why this is so.

I also stressed the importance, when filling in the forms, of linking the reasons for starting (or making a decision to stop) to some aspect of war (or Defence) service.

The column elicited some feedback and enquiries about several issues raised. One correspondent pointed out that when posted to Vietnam, as a non-smoker, it was the cigarettes provided in his field ration that got him started. In this way – and he makes a very valid point – it was almost as though the Army actively encouraged soldiers in the field to start smoking.

The DVA usually acknowledges this contention without challenge, especially when it is clear from the veteran’s story/role on active service that he almost certainly would have been exposed to danger from hostile forces in the vicinity. Thus anyone who served, for example (and these are only examples) with the infantry, engineers, armoured or artillery units; who was a “sig” or a medic on patrols with the infantry, engineers, armoured or artillery units; who was a “sig” or a medic on patrols with the infantry, engineers, armoured or artillery units; who was a “sig” or a medic on patrols with the infantry, engineers, armoured or artillery units; or whatever, is a general awareness and acceptance that these hazardous duties almost inevitably engendered feelings of fear, stress and anxiety in most normal individuals, that smoking might help to relieve.

Personal in support posts, or defence personnel who have never been exposed to the strains of active service, however, usually have to explain more fully just what it was about their particular service, that was instrumental in them starting, or increasing, their smoking habit.

I had no specific issue to draw attention to the reason providing information background like this is so essential. As always – it has to do with accuracy of claims!

Most claimants (and probably some advocates and pensioners too) – if they look at the SoP at all prior to submitting a claim - usually focus just on Para/Clause 5 of which is the part where the “causal factors” are listed. This usually just states something like “Smoking for at least 10 years before the clinical onset of such-and-such disability”...

... People tend to overlook Para/Clause 4 in the range of smoking-related diseases’ SoPs – and yet, this has every bit as much relevance.

This bears the sub-heading “Fumors that must be related to service!” and reads: “A Subject to clause 6, all of the factors set out in clause 1 must be related to any relevant service rendered by the person.” (The “relevant service” referred to, is that person’s period(s) of operational service as defined under the Veterans’ Entitlements Act – and that time only).

Using an example: a lad joins the RAN in November, 1963 – becomes a Radio Op. Serves nine years. Postings, in order, HMAS “Cerberus” (Vic) until June 1966. Drafted to HMAS “Harman” (ACT) until end of 1967. Joins HMAS “Sydney” Jan 1968 for two years (five trips to SVN in that period – all classed as “op service”). Final years of service are spent at Darwin HT, HMAS “Karakadu” (NSW) and back to “Cerberus” as an instructor until discharge in November, 1974. This particular sailor’s “relevant service rendered”, under the VEA, is thus confined to his operational service - The dates of his five separate voyages to SVN on HMAS “Sydney”;

and his “Eligible Defence Service”, from 7 December, 1972 (when Gough Whitlam’s Labor Party won office, and effectively broadened the scope of the Veterans’ Entitlements Act (VEA) to cover peace-time personnel) until his discharge in November, 1974 after nine years Navy service.

If our example sailor started to smoke whilst a trainee at “Cerberus”, is – well BEFORE he first proceeded on his first operational service in early 1968 – his claim, on smoking, would probably be refused. (Note: And it would be hard to see how he could argue a workplace reason for starting, other than choice or sociability with peers.)

If, however, he was a non-smoker – or light/only occasional smoker prior to his trips on “Sydney”, but took it up (or increased dramatically) only then as long as he took the trouble to explain the operational situation that prevailed that led to him starting/increasing, his claim would have a good chance of being accepted.

The best opportunity to explain the link with war service is when filling in the Smoking Questionnaire form at the very earliest stage of making a claim. Describe what it was about your war service that had a key effect in starting you smoking – or increasing your consumption rate. Take the time to explain the fluctuations in rates as to, or if, they occurred – and be as specific and accurate as you can possibly be, in recording the years you commenced, increased (or cut back) markedly, and the year you ceased.

Consult family members if need be. Be aware of the SoP your claim is addressing.

Finally, we should be grateful that Australian veterans have this opportunity. Further to the issue of cigarettes in nation parks – be aware that US and British troops too, were issued with cigarette rations in their ration packs (late in WW2 and currently in Korea) – yet those allied veterans cannot cite this as a basis for a claim for resultant ill-health. The Australian Repatriation system, alone, allows smoking as a causal argument.

And so, to ALCOHOL QUESTIONNAIRES:

One of the reasons I have re-iterated the importance of filling in “Smoking Questionnaires” so carefully, is that claims based on above average alcohol consumption have to abide by similar requirements.

Once again, the onus is on the claimant to establish whether above-average alcohol use has to abide by similar requirements.

In the compensation context, however, the whole issue of problem alcohol use is far more complicated than smoking-related claims. Sometimes alcohol is used as a form of “self-medication” to soothe someone suffering from an anxiety or stress disorder, to help them cope – in which case, if a psychiatric disorder is diagnosed and treated, the psychiatrist may well refer to the heavy drinking as being more than a “secondary complication” to the primary disorder. At other times though, a formal diagnosis may be made for either “Alcohol dependence” or “Alcohol abuse”. The diagnosis may stand alone; or might be in tandem with another psychiatric diagnosis (eg Post Traumatic Stress Disorder).

Be aware that the two alcohol categories are quite different. Each has marked diagnostic distinctions. The Statement of Principles (SoP) with respect to “ALCOHOL DEPENDENCE OR ALCOHOL ABUSE” distinguishes between the two, providing lines of the respective symptoms; and anyone considering a claim for either of these conditions should ensure to cover a access to, and read it carefully. Indeed, the initial involvement needs to be similarly aware of the way the DVA distinguishes between the two classes. Any claimant is expected to fill in a detailed questionnaire as to WHEN and WHY his/her high alcohol consumption was influenced by service, or connected to another disability, under the VEA.

A reminder, once again, that Clause 4 of this SoP lays down the legislative necessity that the person claiming must explain the war (or Defence) causal link.

Some people are embarrassed about their heavy drinking, and try to conceal their true consumption patterns. When claiming for an alcohol-linked disability to the DVA, and completing the required form, bear in mind that you need to be as frank and honest as possible. Think carefully; mall over past patterns. Take several days, if necessary, to jot down average patterns you remember from certain stages of your life, to be as accurate as you can be. Don’t hold back on the true amounts consumed – you might only get one chance. As with the smoking data questionnaires – try to recall periods when your drinking may have been heavier – or certain times you may have made attempts to try to reduce it.

If you have any questions, or would like assistance in completing a claim involving any of the above, ring Jim Roland (Senior Advocate at the RSL on 9287 3708; one of our RSL Volunteer Pensions Officers who have three phone numbers: 9287 3708, 9287 3710 and 9267 3711; or a TIP-qualified Pensions Officer in your sub-branch - and discuss your situation with them. Hopefully the foregoing may be of help and fleshes out why such care should be taken when volunteering these details with DVA claims. Keep on keeping on until the next issue.

MARGOT HARNESS
Recently, during one of my sessions with a Veterans Affairs client, I was asked why physiotherapy is a double-edged ice. At the time, I thought it was a funny question. However, I soon realised that because I understood, I took for granted that everyone else did as well. When asked why I have an infatuation with using ICE on injuries, to me the answer is obvious, but to people with limited knowledge of anatomy and physiology it doesn’t always make sense.

Today I have decided to attempt to explain why physio’s have an infatuation with using ICE on injuries and to complete the picture, discuss acute injury management.

Of course the ship was right, you do often see the Physio running on to the field of play with an ice pack or applying ice pads to various body parts of sports people who have just come off the field of play. Why we are hoping to achieve is a fast recovery from injury and therefore a quick return to the sporting field. How does ICE help us achieve this? To answer this, I need to explain what happens in the body when an injury occurs. Now this is a very complex process, which includes many different steps and chemical reactions and so will simplify the process a bit. (This is for me as much as it is for you the reader!)

Let’s deal with a simple cooled thigh, however, much the same process occurs with a strain, sprain, ligament tear/ however, much the same process occurs. Now this is a very complex injury that the humble old ice achieves this? Does the humble old ice pack to various body parts of sports field of play with an ice pack or applying of course the chap was right, you do complete the picture, discuss acute injury with using ICE on injuries and to did as well. When asked why Physios of anatomy and physiology it doesn’t in injuries, to me the answer is obvious, when asked why Physios injury, as we attempt to break up the scar stage of scar tissue. Lots of scar tissue fluids then congeals and is the beginning a lot more pain). This large build up of fluid then allows to go into the area, which means there is less chance of secondary cell damage.

There should not be applied directly to the skin, or for longer than 15 to 20 minutes every 1 to 2 hours, as it can cause ice burns. At home I use a pack of frozen peas wrapped in a damp tea towel. That pack is well marked, so we don’t use it for cooking, or for those of you who like mushy peas (Yuck) it would be perfect.

Although heat sometimes feel good it increases the blood flow to the area and more swelling and heat will also occur. This includes heat rubs and liniments.

A final - Alcohol is a good vasodilator (enlarges the width of the blood vessels) thus more blood flow occurs and swelling is the result. Most AFL football clubs have a ban on alcohol after a game and this is vigorously enforced with any players who have inceased an injury during the game.

Running Moderate to intense activity is going to increase the circulation of course it can also increase the swelling. Massage is also able to break up the newly forming blood clot, which is needed to stop the bleeding. Breaking the newly formed blood clot it can cause more bleeding into the injured area.

The theme of these treatments is to avoid increasing the chance of increased bleeding and swelling into the injured area. So there you have it, the physio’s love affair with the ice pack stems from our desire to get you back enjoying life sooner, rather than later. Until next time, see you later and don’t forget to mark that old pack of frozen peas.

**Navy Ships on Service**

**HMAS Launceston**

**Welcome Aboard**

HMAS LAUNCESTON and her 14 sister FCPBs are Navy’s principal contribution to the nation’s fisheries protection, immigration, customs and drug law enforcement operations. The vessels work hand-in-hand with other Government agencies and each year they provide up to 1800 patrol days as part of the Coastwatch-managed national surveillance effort. In the event of war they would be tasked to control the waters close to the Australian mainland. The vessels are well prepared for their patrol duties and other operational requirements.

In addition, FCPBs are central to Australia’s engagement with countries in the South West Pacific region and they deploy throughout the Pacific to support of Australia’s strategic interest. Patrol Boats also support Special Forces operations and provide a useful transport capability, particularly in disaster relief and humanitarian assistance operations.

HMAS LAUNCESTON has a range of 2360 nautical miles at 12 knots and a maximum speed of almost 30 knots. It is equipped with high definition navigational radar, high and ultra high frequency communications equipment, gyro compasses and echo sounders. HMAS LAUNCESTON is also fitted with a satellite navigation system that enables the ship’s position to be determined with great accuracy.

**HMAS LAUNCESTON (I)**

**Statistics**

<table>
<thead>
<tr>
<th>Type</th>
<th>Australia Minehunter (Bathurst Class)</th>
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<tr>
<td>Speed</td>
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<tr>
<td>Power</td>
<td>1200kW (4 x MTU 16V 70 Series)</td>
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<tr>
<td>Armament</td>
<td>15 x 12.7mm machine guns (x4)</td>
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<tr>
<td>Laid Down</td>
<td>23 December 1940</td>
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**How’s this!!**

**Avenue 9 - DENTAL**

**MIDLAND**

**Dental Defence**

All dentists are fully covered by DVA for Gold Card Holders

**Suite 1/9 The Arcade**

**Phone:** 9250 6633

**Armidale Class Patrol Boats**

**Hall**

Hull: Semi-displacement cat, with Scatoon active tide control system (hydraulic stabilizers fins and trim tabs),

**Displacement**

270 tonnes

**Length**

21 metres

**Ships Company**

21

**Propulsion**

Two MTU 404 MTM 2524kW diesel twin screw engines through ZF transmissions.

**Speed**

25 knots

**Weapons System**

Rafael Typhoon 25mm naval stabilised deck gun and two 12.7mm machine guns

**Surveillance**

Low light optical, communication direction finding and radar.

**Builder**

Austral Ships

Australia’s new fleet of bigger, faster and more capable vessels will be named the Armidale class to coincide with the 60th commemoration of the sinking of the original HMAS Armidale. The boats will be named Rockhampton, Townsville, Emerald, Blackwater, Ararat, Launceston, Larrakia, Wollongong, Childers and Broome.

The new boats will improve Navy’s capability to intercept and apprehend vessels in a greater range of sea conditions, increasing surveillance, which will better protect Australia’s.

Armidale Class Patrol Boat Names - links to the press release from the Minister for Defence.

Alcohol: A good vasodilator (enlarges the width of the blood vessels) thus more blood flow occurs and swelling is the result. Most AFL football clubs have a ban on alcohol after a game and this is vigorously enforced with any players who have incurred an injury during the game.

**Running**

Moderate to intense activity is going to increase the circulation of course it can also increase the swelling.

**Massage**

Vigorous massage has been shown to increase the circulation of course it can also increase the swelling. Massage is also able to break up the newly forming blood clot, which is needed to stop the bleeding. Breaking the newly formed blood clot it can cause more bleeding into the injured area.

The theme of these treatments is to avoid increasing the chance of increased bleeding and swelling into the injured area.
**The Perth Strategy Group**

The LNG tanker threat to Australian vessels

With an annual export revenue value of $3.2 billion, a record breaking $25 billion deal with China and within a dynamic maritime sector, the Liquefied Natural Gas (LNG) industry is at the core of Australia's economy. The LNG trade is a significant element of the national economy. The hydrocarbon companies involved in the LNG trade pride themselves on their safety and efficiency in ensuring the security of the energy supply. The security vulnerabilities in the LNG trade are recognised as a threat to global economics and national security. Apart from the obvious economic impact attacks as well as weakening western economies. Already terrorist groups have shown an interest in targeting the hydrocarbon sector has become an integral part of Al Qaeda's strategy. In attacking what Al Qaeda perceives as the west's 'economic lifeline' integral part of Al Qaeda's strategy. In attacking what Al Qaeda perceives as the west's 'economic lifeline'

**LNG a terrorist threat**

Increasingly analysts have been drawing up catastrophic scenarios involving LNG tankers due to their explosive potential and the damage that they could cause to vulnerable areas into attractive terrorist targets. Whilst natural gas in its liquid state is not an explosion, an LNG spill could form a vapour cloud which could be ignited by small sparks. The high volatility of LNG tankers, making them an easy identifiable target, coupled with a growing LNG trade that puts more LNG tankers at sea and raises the strategic value of LNG as a growing energy source and increases the risks of vessels becoming prime targets.

Attacks against maritime infrastructure are both frequent and diverse. Terrorist and rebel groups have a long history of targeting these strategic resources and almost every supply chain has some link under attack. Pipelines, tankers, refineries, terminals and personnel in various parts of the globe have been targets of attacks, with serious effect to hydrocarbon companies, local economies, and in the worst case the global economy. Maritime terrorism attacks against energy targets causes economic disruption and allows terror or rebel groups to put pressure on both multinationals and governments to change policy. Alternatively they are an attractive way to raise revenues for terrorist cost either through theft of cargo or personnel. In Nigerian persistent attacks against oil infrastructure and the escalating rate of kidnapping has significantly slowed oil production and caused several foreign companies to pull out of the country. In Iraq, Colombia and Pakistan rebels have had a similar effect on energy supply.

Targeting the hydrocarbon sector has become an integral part of Al Qaeda's strategy. In attacking what Al Qaeda perceives as the west's 'economic lifeline' the Gulf is the target of choice. The security of the Middle East energy production and the risk to some of the world's largest refineries are also mentioned in the report.

**Possible Scenarios**

Based on the Sandis National Laboratory report that while in its liquid state LNG is non-flammable, a missile or explosive tearing a hole likely to cause a large-scale explosion. While possible, this scenario is unlikely as the success of such a strike depends on a high rate of piracy in the Southeast Asian shipping lanes. The study further concluded that foam insulation used on many LNG tankers would likely decompose under the searing heat from a fire, which "could lead to rupture or collapse" of adjacent tanks, leading to more intense fires of longer duration. Further, damages to the hull could result in an LNG explosion could cause cascading blasts at nearby power stations or other facilities are also mentioned in the report.

The Maritime Terrorist Threat

Heightening the risk against LNG vessels is the associated threat of maritime terrorism. Already terrorist groups including Al Qaeda have exhibited a maritime attack capability. It is estimated that there is at least one terrorist attack in the Southeast Asian region as one of the most vulnerable regions in the world. Phillipine group Abu Sayyaf have been responsible for the largest maritime terrorist attack when in February 2004 it bombed and sank a passenger ferry to the bay of Manila killing at least 150 people. Jamaah Islamiah (JI) exporter of the Bali bombings in October 2002, the Marriott Hotel bombings in August 2003 and the Australian embassy bombings in September 2004 has been known to have been behind a maritime terrorist capability, with evidence indicating a plot against US vessels transiting Singapore Port in 2001.

Further concerns about a possible maritime terrorist incident is heightened when one considers that the International Maritime Bureau noted an increase in the hijacking of tankers in the Malacca Straits in 2003 with the hijacking of the "Mibrahim" and "El Taciturn" when pirates are learning how to steer high powered vessels and how to access the propulsion systems to use the vessel as a weapon. The reality of this scenario was raised in an incident in 2003 when the Slovene ferry "Lavanda" was hijacked by heavily armed pirates in speedboats in the Malacca Straits. Although it is not believed it occurred in robbery but in tanks steering the ship down the congested waterway, heightening the fear that the pirates could use it as a terrorist attack.

Australian vessels transporting LNG to North Asian ports are exposed to these maritime security vulnerabilities. Departing ports on the Northwest Shelf and Darwin the vessels travel north through the Timor Sea and the Makassar Strait. The region is semi-closed seas, controlled by the joint petroleum producing nation and induced and administered by the Iraqi oil ministry. Whilst the terrorist groups in Southeast Asia in particular and the growing interest in the吓怕 Gulf countries have been significant since the end of the Cold War, they are not seen as an imminent risk.

At the 12th conference of the Australian Maritime Industry Forum, a diverse range of music drawn from minimalist, jazz, classical, contemporary and pop music styles, including Piazzolla, Chick Corea, Arvo Part and Sting.

This summer marks the inaugural season of Summer Chamber Music Series in the centre of Fremantle University Arts Centre. Under moonlit skies be enchanted by Perth's finest small ensembles in four intimate concerts celebrating a dazzling and innovative repertoire with big hearted, free spirited programmes from Beethoven to Messiaen, William Byrd to Duke Ellington. Pop to minimalism.

Artistic Liaison and Programmme Development Officer Matthew Hoy believes, "By definition Chamber music continues to evolve and encapsulate a growing sphere of musical aye and influence. This series aims to invite and stimulate the listener, providing them with musical breads in an environment which is focused and intimate and conducive to the chamber music medium."

Enjoy superb musicianship commencing with West Australian Piano Trio, Thursday 9 November. After extensive experience performing both overseas and in Australia, Tommaso Pollio (piano), Jon Tjosby (cellos) and Sena Lee (violin) unite to form an exciting ensemble passionate about the great works for the Piano Trio. The West Australian Piano Trio, play an extensive repertoire including works of Beethoven, Mendelssohn, Haydn, Ravel, Shostakovich, Tchaikovsky, Piazzolla and Messiaen.

Complimenting the excitement of Fremantle Festival, on Thursday 23 November, the Perth Symphonic Sextet will perform a broad range of musical styles, fuelled by the members' complementary musical interests and inherent versatility. A work by Martini featuring all six players is matched by the players combining in a variety of smaller ensembles - a variety of musical chairs.

Perth Symphonic Sextet nourishes the musical palate with a diverse range of music drawn from a variety of genres, all set within this interesting instrumental combination. Perth Symphonic Sextet features six of Perth's leading chamber musicians: Adam Pinto (piano), Serena Lee (violin), Jennika Anthony-Shaw (cellos), David Elton (trumpet), Gath Calioli (clarinet), Jane Kircher (bassoon).

Get ready for a spicy treat on Thursday 7 December, with Arundo Reed Quintet, a dynamic new Perth based reed quintet inspired by the highly acclaimed Dutch originators of this fabulous concept, Colfax. Their tantalising repertoire ranges from William Byrd, Bach, Ravel and Ellington. Arundo Reed Quintet, is made up of Alex Miller (clarinet), Philip Everal (bass clarinet), Matthew Styles (saxophone), Leanne Glover (oboe) and Jane Kircher (bassoon).

This stunning series is completed by Fused, on Thursday 14 December, a collaboration of three of Perth's finest instrumentalists - Mark Cougland (piano), Matthew Styles (saxophone) and Matthew Hoy (cellos). That talented trio enjoy delighting audiences with broad and bold musical offerings. In solo, duo and trio configurations, the programme draws from minimalist, jazz, classical, contemporary and pop music influences including Piazzolla, Chick Corea, Arvo Part and Sting.

Arrive early and picnic in the magnificent gardens - Pre-order a scrumptious hamper for two or check out the other dinner options from the Fremantle Arts Centre café. Snack foods & beverages also available in Samson Court.

All concerts begin at 7pm. All Tickets $15

Book on 9342 9353 for tickets, hamper, dinner menu or in person at Fremantle Arts Centre, Reception Desk.

For more information, images or to arrange an interview, please contact: Irene Jarzabek Publicity - Email: info@artson.net.au Ph 9430 8134 mob 0419 192 140.

By Nina Burakowski
“Citrawarna Malaysia 2006” was hosted and organised by Tourism Malaysia, in conjunction with Malaysian Airlines. The festival, pronounced as Citravarna, translates into “Many Colours of Malaysia”.

The focus of Citrawarna Malaysia, which is held each year in Kuala Lumpur, is to showcase the many different aspects of the Malaysian culture. This year’s display proved to be a true melting pot of the colours and diverse cultures of Malaysia.

The night’s activities started with all journalists from thirty-six foreign countries, from around the globe, who were participating being invited, for their evening meal, to the area that once was the old central wet markets of Kuala Lumpur. The central markets are no longer the “wet-markets”, they have been redesigned and now resemble our International Eating Houses. All meals and drinks were paid for by Tourism Malaysia.

I partook of my meal with Graham Macklin, another journalist, who was also from Perth. Graham noticed that the Carlsberg beer was complimentary, so we had a few appetisers of Carlsberg, just to help digest the food. We discovered that the selection of dishes, from the array that was on offer, was not an easy task, as there was so much variety. The cuisine featured dishes from the many subcultures within Malaysia. Graham and I decided that we needed another beer, just to help us make our decision on which dishes would best complement the Carlsberg.

Following our fantastic banquet, we headed off to the reserved seating, opposite The Sultan Abdul Samad building, to witness a parade which involved more than four and a half thousand performers.

The Sultan Abdul Samad building is a wonderful charming, old building, built by the British in 1897. The building is of Moorish architecture and features a forty metre clock tower. The building is utilised as Malaysia’s Supreme Court and administrative building.

The King of Malaysia, accompanied by the Queen, officially opened the Citravarna Parade. A number of speeches, by various politicians and dignitaries, were presented prior to the commencement of the parade.

The four and a half thousand performers put on what could only be described as a “stunningly awesome” display of Malaysian dancing. Represented, within the parade were the various ethnic cultures that make up the Federation of Malaysia. The dancers performed traditional dances from each of their respective states. Within their dances they acknowledged and linked their current Malaysian nationality to the countries and regions of their ancestors, including China and India and the native people of Malaysia.

At the end of the parade the “Mega Fam participants” (foreign journalists) were invited to join the dancers in the street. At this stage, those responsible for security took down the barriers surrounding the parade area. A little Malaysian boy, of about nine or ten years of age, who was dancing in the parade near me, invited me into the street to dance. I can tell you this was a wonderful experience.

A young Malaysian girl about fifteen years of age who was accompanying the young boy, revealed that they were from the state of Johor. The young girl could speak English fluently and we were able to have a very interesting conversation.

The mixing of the foreign journalists with the Malaysian performers was an excellent idea by the organisers, as encouraging the invited guests to interact with the performers added to the atmosphere, which was electric.

The Malaysians always have a catchy slogan, that they use to promote a sense of your holiday being, “Malaysia Truly Asia”.

I believe the invitation to join the performers in the street and participate in the festivities at the end of the Citravarna was a “true Malaysian experience”, one that will stay with me for some time to come.

Hosted by Tourism Malaysia

Len Copley

Freedom now comes with Peace Of Mind.

We’re in the business of providing mobility for the distances in between. In between your house and the shops. In between your house and the local club, or just getting out to see your friends.

Our Peace Of Mind Plan will give you on-going assurance and confidence that Scooters Australia will be there with support when you need it most.

So if mobility is an issue for you or your partner, give us a call.

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PLUS FREE Neighbourhood Training Course, to help you drive safely and with confidence.

Call 1300 622 633 for a free home demonstration from your local dealer.

*Conditions apply.

Scooters Australia

www.scootersaus.com.au
The RSL 90th National Congress held in Perth September 2006
The programme has been set for the RSL Spirit of ANZAC National Cadet of the Year competition for 2006. We have called for nominations from the three branches of the cadets and the testing will be conducted at Leeuwin Barracks on the 4 November 2006. The programme will consist of five tasks each worth 20 points:-

- Inspection in uniform (dress and bearing)
- First Aid – theory. Questions related to content in the "Australian First Aid Handbook"
- First Aid – practical. Cadets will provide first aid at a simulated accident scene set up by a medical team from the Australian Army Reserve.
- General Knowledge Paper. Cadets are required to answer 20 questions based on Australian history, current affairs and general knowledge.
- Five Minute Speech. Cadets will be required to present a speech on a military topic of their choice.

The most successful cadets, one from each of the services, will be recognised as the winners for WA. The RSL National Cadet of the Year Programme for 2006 and will join the winning cadets from the other states and territories in April 2007 on a trip overseas.

We would be most grateful for any donations from sub-branches to help towards the costs that will be incurred. You have been very generous in the past and we hope you will consider this request again.

The Membership and Welfare Trailer is undergoing refurbishment at the Nollamara Sub-Branch. We have been able to do this due to the very generous sponsorship of Hollywood Private Hospital and the support of the Australian Defence Credit Union. Advance bookings can be made by contacting Olga Gritiz on 08 9276 3493.

The Membership Committee will have participating sub-branches acknowledged in the "The Listening Post". The donations will help to award prizes to all cadets who enter the competition. There will be about twelve cadets from the navy, army and airforce.

All cheques to be made out to RSL Membership Committee.
The LiSTening Po ST
October 2006

14

HOW PLANNING AHEAD CAN HELP YOU EASE THE PAIN OF A FAMILY’S LOSS.

IN THE CONFUSION AND EMOTIONAL NULMINESS THAT FOLLOWS WHEN A PERSON DIES, IT IS SOMETIMES DIFFICULT FOR GRIEVING RELATIVES TO MAKE DECISIONS ABOUT FUNERAL ARRANGEMENTS.

Bowra & O’Dea Funeral Directors, wholly owned and operated in Western Australia by the O’Dea family for more than 110 years, is now offering a special service to RSL members interested in PrePaid Funeral Plans.

There are many benefits to a PrePaid Funeral Plan:

• You have the opportunity to design the funeral service as you wish, and not as others would like it.
• You receive a price inflation guarantee. By taking out a PrePaid Funeral Plan you effectively “freeze the price” of your funeral costs in the future.
• Your PrePaid Funeral Plan does not become a part of your estate and it is not subject to any administration.
• You lessen the anguish that those left behind may feel regarding whether they “did the right thing”.
• We will arrange an obligation-free appointment to discuss your personal needs. The PrePaid Funeral Plan can be paid in instalments.

SPECIAL EXTRAS FOR RSL MEMBERS:

• Free extra limousine.
• No administration fee for immediate payment in full.
• 5% discount on selected coffins.
• Free standard Will prepared by Corser & Corser to the value of $100.
• Savings of up to $600 for RSL Members.

FOR MORE INFORMATION, CALL JOHN RANGER AT BOWRA & O’DEA ON (08) 9231 5100

PREPAID DIVISION 406 Beaufort Street, Highgate 6003 Telephone: 9231 5100 Facsimile: 9228 4614
Beverley

On the 18 August 2006 the Beverley RSL Sub Branch held a Veterans Day parade and ceremony.

With members from the York RSL, Sub Branch attending the evening ceremony which started at 5.30pm followed by a meal and fellowship back at the RSL Hall.

This was the second year that Beverley has held a Veterans Day parade and ceremony and we are planning for future years, this has been an increase of interest by the community and the Veterans who have attended the services.

It has been a busy year so far with upgrades to our hall, the dedication of the WWII Memorial and ANZAC Day services.

On the social side we held our annual Christmas in July with over 60 attending the Dinner. Planning is underway for our annual New Years Eve Supper Dance.

East Victoria Park

Stan Gurney

Commemorative Dinner 2006

By Steve McKInley

Bunbury

We now have an excellent Library / Reading Room for the benefit of members of the Sub Branch. The room is available for use between 9am and noon, and provides an opportunity to spend some quiet time when in town. You might even score a coffee!

The library will be dedicated to our esteemed life member, the late George Baxter.

The Father’s Day raffle was very successful with prizes once again staying in the local community. Our gratitude goes to Trevor Kenney does a great job and raffle proceeds help to meet the sub-branch running costs.

We can always use volunteers as collectors on such occasions as Poppy Day and Legion Foundation Day. I am compiling a list of willing people who can be called on to assist on days such as these. If you are able to help, please call the office on 9721 3277.

I would like to thank Mr Ken Razzell for his assistance. It will be greatly appreciated. It’s the same old story – “many hands make light the work!”

Our membership currently stands at 475, with an increasing number of social events and activities to accommodate members and Friday evening “Club” activities.

Alf Mainstone

Leutenant Commander John Wilson RAN

Subicco

At a social function held at the Warehouse Cafe on Wednesday 31st, the members of the City of Subiaco Sub-Branch of the RSL, honoured two former long-serving officers, the late Len Preedy, president for 25 years, and Milton Hodge, Secretary for 26 years and president for 2 years.

Sainly isolated plaques, recognising their service, were presented to Mrs Joy Preedy and Mrs Jean Hoag by the Mayor of Subiaco, Mrs Heather Henderson, and the state member for Nedlands, Miss Sue Walker respectively.

Also present were Mr Ted and Mrs Muriel Wood, from Sudbury, Suffolk, England, who is president of the Sudbury Branch of the British Legion. A penant and plaque were exchanged between the two units.

Scarborough

Penny Tassone

ANZAC Day Memorial Service, St George’s

After a couple of eye operations and a removing operation, we’re back in business. ANZAC Day – our branch was blessed by the weather, for following the downpour that unfortunately washed out the main ceremony in Perth, we enjoyed a temporary reprieve enabling us to complete our afternoon service at our Memorial Garden in Doubleview and clear the deck before the weather deteriorated again.

Fortunately by then we were comfortably ensconced in the bowling clubs enjoying afternoon tea, a few ales, a spirited natter and a game of bowls.

By Steve McKInley

Memorial Garden, Iron Bank Subbranch

Hollywood Private Hospital Embarks on $128.5 Million Redevelopment

Hollywood Private Hospital in Nedlands will embark on a major $128.5 million redevelopment of its facilities that will see it emerge as one of Western Australia’s most modern hospital facilities.

Australia’s largest private hospital owner Ramsay Health Care announced today that it would be investing the $128.5M into expanding the current facilities at Hollywood Private Hospital.

This will increase the hospital’s capacity to accommodate 500 inpatient beds. The development also includes an additional 4 operating theatres, a second medical specialist centre to accommodate the growing number of medical specialists consulting at Hollywood and a multi-storey car park.

Upon completion of the redevelopment, Hollywood Private Hospital will offer Western Australian patients the only purpose built private rehabilitation facility in the state.

Hollywood Private Hospital was privatised in February 1994 when it was purchased by Ramsay Health Care and, since this time, has undergone a number of extensions and modernisations.

By May 2009, Hollywood will offer the latest in medical facilities including: 10 operating theatres, a 30 place day chemotherapy unit, and a 30 place Day Surgery Admission (DOA) and Day Procedure Unit (DPU).

The Hollywood Private Hospital Redevelopment Project will be rolled out in stages, with a scheduled commencement date of November 2006. Completion is anticipated by the end of May 2009.

The architects appointed to the redevelopment project is Silver Thomas Hanley and the project builder is still to be confirmed.

Hollywood Private Hospital Executive Director Mike Cass-Ryall said.

“The $128.5M investment by Ramsay Health Care will ensure that our facilities remain current and competitive with our key competitors Hollywood Private Hospital and to the West Australian health system,” he said.

This commitment signals - without question - the beginning of a new era for Hollywood Private Hospital.

I'm very excited about the next few years of growth for Hollywood but the real winners of this redevelopment are our patients and doctors.

“The result will be a private hospital that will offer the very best care, accommodation and most modern medicine in Western Australia has to offer,” Mr Cass-Ryall said.

For further information, please contact:

Mr Mike Cass-Ryall
Executive Director, Hollywood Private Hospital Ph: 09 9346 6276 Mobile: 0407 197 907

Hollywood Private Hospital

Building on our past – for a brighter future.

Memory Grove has now been installed complete with the brass name plate from the original Memory Grove at Third Beach. The name plates all those who have been laid to rest in kWII.

The sub-branch is extremely grateful for the dedication and hard work of President, George Stannard, Stan Gurney, Don Heacheste and Wally Voigt who did the lion’s share of the work.

In a touching ceremony, Rev Doug Barney delivered the blessing of the Grove to the grateful memory of all the Ex-Servicemen who has served in WWII. A pleasant barbeque was held afterwards in fine sunny weather with much reminiscing.

The Grove is located off Telegraph Road to Montjinong Park and follow the gravel road almost in a complete circle and the plaque is on your right.

Our Men-In-Uniforms project is proceeding albeit slowly. The budget has been drawn up and will be forwarded to DVA in the next future. The site is now available in Simpson Street and preparation is well under way. We hope to commence building early in the new year. It is hoped that the end product will be popular and well attended. The venue for this month has not yet been decided but a decision will be made at the next meeting.

Mere Andre PRO

Nedlands

Message from Doug Arrowsmith, secretary of Nedlands Sub-Branch, address 360 Sileby Drive, Floreat, 6014 (9387 4317).

The Nedlands Sub-Branch in conjunction with the Nedlands City Council will hold its Braemar Sub-Branch Commemoration at the War Graves Cemetery, Smyth Road, Nedlands, Western Australia, on Friday 12th August, 2006, commencing at 10.30 a.m. Mr Charles Court will give the address. The four local primary schools and army cadets will be present. Representatives, of nearby suburbs and surrounding districts will be invited to attend and negotiations are in hand for the Aeo Club to have a fly-over at the ceremony. To be held at 1:00 pm, at the Perth Christ Church Grammar school is to play the Last Post. Holding the ceremony at the War Graves Cemetery is inappropriate – permission had to be obtained from Canberra.

Members of Services organisations and organisations of public are invited and to place wreaths. After the ceremony the Nedlands City Council will host light refreshments at the Hollywood-S substituting Bowling Club, which is nearby.
Dear Sir,

Please find following information regarding a decision made by the Chief of the Air Force to permanently close the RAAF Band Sydney as of January 2008.

This decision concerns me greatly as I feel that the loss of a great institution and cultural and military icon is about to occur, and the only apparent reason for this is financial.

I forward this to you hoping that you and all of our returned servicemen will be as outraged by this decision as I am and that you will join me in writing to the Minister for Defence and the Prime Minister to have this decision changed.

I thank you in advance for your support and cooperation to have this awful loss to our National Identity stopped.

Thankyou,
jeff markham
Michael Collins <savetheairforceband@ hotmail.com> wrote:
“Save the Royal Australian Air Force
Air Command Band”

The RAAF Air Command Band at RAAF Richmond NSW has been in existence since 1932 and has been a full time band since 1969. Throughout its existence Air Command Band has made a major contribution to the cultural and artistic life of Australia. The band has an enviable international reputation for musical excellence locally, nationally and internationally through its dedication to promoting the RAAF and supporting the Australian people.

The Air Command Band has and continues to play a pivotal role in maintaining the morale and esprit de corps of Australian servicemen and women in uniform ranging from WWII, Korea, Malaysia, Vietnam, through to East Timor.

The Band has supported charitable causes throughout Australia giving hundreds of concerts to thousands of people of help to the needy and disadvantaged through Legacy, Rotary, Lions Clubs etc. The Band has also brought joy to thousands of students of all ages with countless, wonderful concerts.

The current Chief of Air Force, Air Marshal Geoff Shepherd has decided to close the Air Command Band by January 2008. His decision has been part of a broader re-organisation of the RAAF. Unfortunately, the senior management of the RAAF fails to understand the true value and impact of the Air Command Band within the wider community. This decision will see a short-term gain of forty-odd positions and the long-term loss of a national treasure. It reduces RAAF musicians from a total of 80 to 40 while there still remain 700 full time/ reserve musician positions in the Air Command and in the Army and around 140 in the Navy.

This decision appears to be proceeding in spite of a majority of RAAF personnel considering this decision to be unnecessary and damaging to the reputation of the RAAF. The savings made will be negligible at best and will serve no purpose other than pure cost cutting.

I am raising this issue as a very concerned member of the public and friend of the Air Force and strongly urge you to appeal to the Prime Minister and any other relevant Federal Minister or Senator of this proposal so it can be stopped.

I am also seeking whether you would have any possible candidates in mind (for the interviews), or would be able to help me in my attempts to identify and interview possible candidates.

Thank You for your time.

Jon Barrow
jbarrow@wac.wa.gov.au

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Rottnest Island during WW2

Contact is needed to close off a research project on Rottnest Island during WW2. (Maybe family of the service persons listed below, may be able to help locate these people)

1. I am seeking members of the 2nd AIF and Militia who served on Rottnest Island (WA) during the period January 1941 - April 1942.
2. I am also interested in contacting members of the 2nd AIF and Militia who served on Garden Island (WA) during November 1941.
3. I am also interested in contacting any RAN personnel who served at sea, up to 200nm off Fremante (W) between 1 - 10 March 1942.
4. I am also interested in contacting any member of the Rottnest and Garden Island (WA) garrisons who weremaning the islands by ferry between 1-15 March 1942.
5. I am also searching for any 2nd AIF or Militia personnel who served on the staff of Lt Col Herman A Kuring MA Mil during 1941.

Noel Webb
Email: noelwebb@wac.wa.gov.au or telephone (08) 9333658
ANZAC Biscuits

**Ingredients:**
- 125 grams of butter
- 165 grams of rolled oats
- 130 grams of plain flour
- 95 grams of desiccated coconut
- 95 grams of golden syrup
- 160 grams of sugar

**Method:**
Pre-heat oven to 180 degrees Celsius for gas or 350 degrees Fahrenheit. Sift flour into a bowl and then add the oats, coconut and sugar. Place the golden syrup and butter into a saucepan and melt over low heat, while stirring ingredients until the butter has melted and the syrup is smooth, then remove from the heat. Place the bicarbonate of soda into a cup and add one teaspoon of boiling water, then add straight away to butter and golden syrup mixture. It should foam when the ingredients are mixed together. Then combine all ingredients and stir with a wooden ladle, mixing well. Use a tablespoon to drop mixture onto two greased biscuit trays and then lightly flatten each biscuit with your fingers. Bake between twenty and twenty-five minutes, or until the biscuit become slightly brown. Remove from oven. Allow to sit for a while then place on wire rack to cool.

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**Recipes**

**Australian Biscuit Recipes**

**ANZAC Biscuits**

Preparation Time 20 minutes  
Cooking Time 30 minutes  
Approximately 30 biscuits

**Ingredients:**
- 130 grams of plain flour,  
- 35 grams of desiccated coconut,  
- 60 grams of soft golden sugar,  
- 150 grams of butter,  
- 95 grams of dark chocolate bits,  
- 50 grams of lightly crushed cornflakes, 1 egg lightly beaten, 1 teaspoon of vanilla essence, 2 table spoons of cocoa powder

**Method:**
Pre-heat oven to 180 degrees Celsius for gas or 350 degrees Fahrenheit. Grease two biscuit baking trays. Cream the sugar and butter in a bowl, until light and fluffy. Add the egg and vanilla essence and beat well. Add the crushed cornflakes and coconut. Blend using a tablespoon, until all ingredients are just mixed. Then use a tablespoon to transfer mixture to biscuit trays. Bake in oven, for twenty minutes, or until lightly browned. Leave on trays to cool completely. Place the chocolate in a bowl of boiling water, allow chocolate to melt. When melted spread chocolate thickly over biscuits.

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**IT'S NEVER TOO LATE TO SLIP, SLOP, SLAP**

Prevention is better than cure, when it comes to skin cancer and it is never too late to start looking after your skin.

The Cancer Council of Western Australia is urging over 55s to continue to protect their skin from damaging ultraviolet rays to avoid a potentially deadly skin cancer. "Grandparents may be good at making sure their grandchild is protected from the sun but it's equally important that they apply that same care to their own body," said Kerry O'Hare, Manager of the Cancer Council's SunSmart programme.

Six out of 10 melanomas occur in people aged over 55 and 2 Australians in this age group die from melanoma every day.

But it is not all bad news: treatment for melanoma is highly successful if it's caught early.

"The earlier it's detected, the better the outcome, in fact over 95% of melanomas are treated if found early. Keep an eye on your freckles and moles, if you notice that any have changed in size or colour go and see your GP."

"Prevention is always better than cure, so hats and sunscreen are important but making some changes, such as doing outdoor activities like gardening and sports earlier in the morning or in evening, can be a great way of avoiding the most dangerous UV rays."

For more information about how to be SunSmart or for further information about melanoma, go to www.cancerwa.asn.au or ring the Cancer Council Helpline on 131120.
Viet Nam Veterans day in Darwin

The Northern Territory Veterans remembered the ‘Battle of Long Tan’, 40 years ago with a well attended (approx. 300 people) Veterans, Service Personnel, and public paying respects to those that paid the ultimate price and others who served in the Vietnam conflict.

The service was opened with Ms Lou-Anne Berryman giving the welcoming address. Brigadier Craig Orme CSC ADC, Brigade Commander 1st Brigade delivered the keynote address on the背景 to the Battle at Long Tan. The chaplain of 1st Brigade gave the service address and the fly past was known helicopter from 1st Aviation Regiment based in Darwin.

National Congress at ANZAC House

Once again, the National Congress Caravan has been to WA. Western Australia hosts Congress every 6 years. RSL (WA) hosted National Congress 2006 which was led by National President, Major General (Ret’d) Bill Crews AO, with Presidents, Secretaries and Delegates from all Australian States and Territories.

The programme for Congress was very comprehensive, with meetings on Finance and Veterans’ Affairs to a Sunset Service at Kings Park. Congress ran from Saturday 9th September to Friday 15th September.

Mr Seers (WA State Secretary) said that he had received some very favourable comments on the facilities that we now have at WA Headquarters. Mr Seers went on to say that “Congress delegates were quite impressed with ANZAC House, as other states don’t have what we have at their State Headquarters, namely a restaurant, licensed facilities and our administration in the same building. Exception is the Victorian State Branch where there is a Presidents Room.”

The next National Congress is programmed for Melbourne, in September 2007.

New Club Manager

RSL (WA) welcomed Matthew Holyday as our manager of ANZAC Club. Matthew was previously General Manager of Pacific International Studios in Murray Street Perth.

The hospitality industry has always been a big part of WA’s economy and we have a good mix of local and visitors. The capabilities and my recent experience in World Class facilities would cost and what effect the facilities would be provided, how much when building would commence, what overall there was a very positive response and favourable opinion with many valid and interesting questions being raised by those in attendance.

Some of the questions raised related to when building would commence, what facilities would be provided, how much units would cost and what effect the development would have on both the retirement village and care facility. The meeting lasted about 3 hours and during the land acquisition, and representatives from the RSL Care WA have been given an indication, from the Jurien Bay Shire, regarding a suitable location.

The site under consideration lies behind the Senior Citizens Centre, which is in the middle of town and is also central to the Medical Centre, the local shopping centre, and close to town, bowling and golfing facilities.

The Shire has certain obligations, in terms of that undertaking and therefore must advertise for tenders A decision will be based on what is considered to be in the best interests of the community. Representatives from the RSL Care WA have looked at the site and agree that it is a suitable location for a retirement village.

The next stage, is to draw up a master site plan, then revisit the Jurien Bay Shire with the plans highlight provisions and favourable opinion with many valid and interesting questions being raised by those in attendance.

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The Listening Post
October 2006
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Off the Shelf

I have chosen a selection of books for this edition of The Listening Post, as Christmas is not far away. They vary in price and can be purchased at Hesperian Press, Angus & Robertson, Dymocks or other good book shops.

JOHN DOYLE’S OVERCOAT

Author: Peter Finn
Publisher: Access Press
ISBN: 086445199X
Paperback 224 pages

When Peter Finn gave me a copy of his new book John Doyle’s Overcoat, I thought I would have a quick glance at it one night and read it the next day. When I put it down it was 2.00am in the morning. He certainly was a character when he was young. He tells of trying to get a job, from people that he knew in Hong Kong, these people mixed with some very shady types in Hong Kong. Peter had to have a job, so he could send money back to Perth to his wife. The book is a nostalgic recall of those bygone days.

SAVING AUSTRALIA

Author: Frank Holland M.B.E.
Publisher: Access Press
ISBN: 0734409044
Softback Cost $34.95

Saving Australia is a story of Australia’s desperate attempts to prevent a threatened Japanese invasion during the Second World War. It is a journey into an extraordinary friendship that developed between Japan’s first minister to Australia, Tatsuo Kawai and Australia’s wartime leader, John Curtin. Curtin was alive to the looming menace of an ambitious Japan, but tried frantically to find a diplomatic solution through his newfound friend.

EL TIGRE

Author: Frank Holland M.B.E.
Publisher: Access Press
ISBN: 0864451814
Hardcover 240 pages

EL TIGRE by Frank Holland a Commando Coastwatcher in New Britain he was a member of Z Special Unit Operations in Portuguese Timor and Borneo. Frank Holland was called EL TIGRE by the Timorese as a measure of respect for the man. The story tells of how Frank Holland was instrumental in bringing about the evacuation of troops from New Britain after the Japanese had taken Rabaul. He joined Z Special Unit operating in Timor, and also engaged in guerrilla warfare, and in Borneo where he accepted the surrender of the local Japanese commander.

FLIP SIDE WAR

Author: Bob Wurth
Published by Lothian Books
Website: www.lothian.com.au
ISBN: 0734409044
Softback Cost $34.95

Flip Side War is an easily read series of anecdotes covering much of World War Two in the Royal Australian Navy. His tales embrace many facets of a rare six years of full seatime service including four years with a little known cloak and dagger group often working beyond Pacific island front lines, pathfinding the reef strewn waters leading our armies back towards Japan.

ANGELS OF KOKODA

Author: David Mulligan
Published by Lothian Books
Website: www.lothian.com.au
ISBN: 0734408498
Cost $17.95

Angels of Kokoda is a novel based on Australian battles along the Kokoda Track. The story centres on the intertwined lives of Derek the son of Australian missionaries at the Gona Mission and his blood-brother Morso a native Papuan boy of the same age. When all the women and children are ordered back to Australia, Derek and Morso disappear into the jungle. At the same time the Japanese invade land at Gona, the two boys and Derek’s father become part of the small band of Diggers who save Australia from Japanese invasion.

SAVING HOME or RETURN FROM THE LAND OF MILK AND HONEY

Author: Richard J Armstrong
ISBN: 085905 352 0
Softcover 211 pages Cost $30.00

This is a true story, the author Richard Armstrong was in Changi and on the Burma Railway. This is his reminiscences of men and murderers, good men and bad, with neither fear nor favour. He does not miss any politician that he feels was a blundering idiot and names them in his book. A very good read some may even say controversial.

WINNER

Edgar Morrow was born in Lancashire, England and arrived in Western Australia as a youth of twelve with his family to go farming at Dongringloong. At the start of World War 1 he enlisted in the 28th Battalion attaining the rank of corporal and served in Gallipoli and France, where he was twice wounded. I liked this book for its easy reading style, the mix his humour in his short stories, ensuring a good laugh for his readers.

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HONEY MILK AND WE CAME HOME or RETURN FROM THE LAND OF MILK AND HONEY

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Retired Sub-Wardens Remembered

A number of Sub-Wardens have carried out their duties at the State War Memorial for over 30 years and some close to 50 years. When they were no longer able to continue they gracefully faded away, not seeking any recognition. However that changed when the Highgate Sub-Branch Committee decided that they should formally retire instead of quietly go. The decision was to present a pewter medallion to each retired Sub-Warden who had attended most wreath laying services each year for at least ten years.

As there were no written records, enquiries, plus some old photographs, revealed 16 Highgate members qualified. If you know of anyone who should have been included please contact Phillip Skelton on 9452 1883.

A presentation ceremony was held on 17 July 2006. 13 recipients were able to attend, as recorded in the photos. As money raised by the RSL, should be used primarily for welfare, separate funding was sought for the medallions. Defence Service Homes Insurance provided a grant of $1,000 and State Manager Ian Douglas presented medallions to 7 of the recipients.

Medallion manufacturer Buckingham Pewter donated the artwork and making the mould and Managing Director Ann Bradford presented medallions to 6 recipients. The other three were presented later by Highgate President Norm Manners.

The Sub-Wardens perform an important duty that is greatly appreciated by the 30 different organisations that each year conduct a wreath-laying service on a day close to the anniversary of a day with special meaning for them. The silent dignity with which the Sub-Wardens carry out their duty adds significantly to creating the atmosphere of quiet reflection and remembrance that is the purpose of each service.

Perhaps even more importantly, the silent service of the Sub-Wardens gives the clear message to members of the public looking on, especially young people, that if those men consider it so important to turn out in the way they do, then there really must be something important on which to reflect and remember. Participation by the Sub-Wardens contributes to passing the message on to the next generations – the message that the sacrifice by those before them has made possible the wonderful open, free, democratic way of life we enjoy today and that we must remain eternally vigilant to keep it that way.

Years ago 45 different organisations held wreath laying services. Organisations progressively disbanded as the number of surviving members dwindled to the point where the organization was non-viable. How young people can take over the memory of such Associations is a story for another day.

Highgate Sub-Branch was formed in 1947. Two retired Sub-Wardens were foundation members – Warren Smith and John Fitzhardinge. Very soon after the Sub-Branch was formed, the State Branch invited the Highgate Sub-Branch to provide an honour guard at the State War Memorial. This we have been honoured and proud to do ever since.

Phillip Skelton
Deputy Warden
State War Memorial

THE TOP TEN BEST SELLING CD’S

Brought to you by Adrian at Abbott’s Music Centre.
Shop 12 Stargate Shopping Centre Kelscott.
email: abbottscd@hotmail.com

1. Daniel O’Donnell – “Until the Next Time”
2. Charlie Landsborough – “Heart & Soul”
3. Katherine Jenkins – “Living a Dream”
5. Andre Rieu – “Romantic Paradise”
7. John Williamson – “Platinum Collection”
8. Celtic Woman – “Celtic Woman”
9. Denis Roussan – “Phenomenon”
10. Ten Tones – “Here’s to the Heroes”

These CD’s can be heard on Curtin Radio. If you mention seeing the Top Ten CD’s in the Listening Post, Adrian will give you a discount on your purchase.

The Returned & Services League Of Australia WA Branch Inc.
THE PRESIDENT AND MEMBERS OF STATE EXECUTIVE

Invite you and your friends to the
Remembrance – Poppy Day Lunch

In the presence of His Excellency the Governor of Western Australia and Mr. Andrew Miller, President of the Returned & Services League of Australia WA Branch Inc.

31st October 2006 at 12:15 p.m. at the State War Memorial

Tickets (including wine and poppy) $20 per person

Reservations should be made by 25th October 2006

Chairman:
Mr. John Hately
Tel: 9364 7435

Gentlemen – Wafer
Ladies – Minerva or Medals

Set by the Returned & Services League of Australia WA Branch Inc. with the assistance of the Returned & Services League WA Branch Inc.

Contact: Mr. Adrian Skelton
Shop 12, Stargate Shopping Centre, Kelscott

THE LISTENING POST October 2006
Jo’s Foot Notes

Gout is an arthritic condition that causes pain, redness and inflammation in joints with the big toe joint being the joint most commonly affected. Ear piercing is not cleared from the bloodstream by the kidneys and is usually warm to the touch.

Other big attractions included a SeaHawk helicopter, the Navy’s skilled clearance divers, the RAN Band and various displays and demonstrations.

The Royal Australian Navy Week on Garden Island.

The Royal Australian Navy celebrated Navy Week 2006 at the Garden Island Navy base, culminating in an annual open day on 23 September.

The guided missile frigate HMAS Sydney, amphibious transport ship HMAS Manoora, coastal patrol humber HMAS Diamantina and oil replenisher HMAS Success were on show.

Joanne Lane
Dip. App Sc (Pod) Arndale Podiatry

They shall grow not old, as we that are left grow old.

At the going down of the sun, and in the morning, Age shall not weary them nor the years condemn.

For the children who visited the Fleet Base East Open Day 2006.

The State President and members of the State Executive extend a welcome to new members, re-enlistments and transferees to the League in WA. Their names are listed by sub-branch.

Albany
PORTER John Army
ARMADALE
COLLINS Dean
Army
DICKSON Robert
Army
DOODS Kenneth
Army
DOBBIE Barry
Army
FAIRWEATHER Michael
Army
FLAVEY Mark
Army
RYNN Thomas
Army
WILLIAMS Frank
Army

BELLEVUE
JACKMAN Christopher
Army
RAVENSCROFT John Army
ROGERS Scott
Army
SHENTON Ernest
Army

BICTON-PAMLYRA
NAIRN John
Army

BUNBURY
ALLEN Kenneth
Army
ERTHY Terry
Army
STEWART Robert
Army

BUSSLETON
JOHNSTON Lee
Army
WOODWARD Glenn
Army

CANNING DISTRICT-VIC PARK
CAROLAN Paul
Army

CAPEL
SHAW Elizabeth
Army

CENCENTRAL
BILLING Peter
Army
GASCOIGNE Kevin
Army
PETLINGH John
Army
POLLING John
Army
POOLE Leslie
Army
SHIPHEARD Kevin
Army

KATANNING
BAKER Susan
Army
CARROLL Dennis
RAAF
HUEPPAUFT Ronald
Army
JENKINS John
Army
MADER Keith
Army
LEONORA
GABY Douglas
Army

MAYLANDS-RAILWAYS
HALSTEAD Walter
Army

NEWCASTLE INLET
GROVE William
Army

NOELLE CRANE
GREGORY
Army

PORT ARTHUR
KIRK Douglas
Army

PORT MACQUARIE
HUNTER Jack
Army

PORT MELBOURNE
ANDREWS Peter
Army

PORT STRAWBERRY
JONES Ronald
Army

PORT WILSON
RICE David
Army

PORT WILLIAM
RUTHERFORD Ronald
Army

PORT AUGUSTA
TAYLOR Albert
Army

PORT HAVEN
TOMLINSON Ronald
Army

PORT LINCOLN
HADWELL Mervin
Army

PORT LINCOLN
HADWELL Mervin
Army

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HADWELL Mervin
Army

PORT LINCOLN
HADWELL Mervin
Army
Combat Team Alpha Squadron Sergeant Major, Warrant Officer Class 2 John Ferguson (on turret) and Trooper Timothy Cooper prepare to depart the Iraqi Army barracks.

A soldier never dies; he just fades away

While a funeral will mark an end, it is also a beginning. For it is from this day that you will ensure the memory of the person you have lost, is not forgotten.

Helping others remember that person however, isn’t always easy. How do you create a fitting farewell ceremony when your mind is swimming with emotions?

When there are so many decisions to be made, in such little time?

At Seasons, we’re here to take the weight of your shoulders. And because we understand the importance of individualising the service, you can rely on us to take care of all the details and special touches that can turn the funeral into a more appropriate personal tribute, ensuring that the memory of your loved one will never fade.

For assistance, or a copy of our free booklet ‘A Seasons Funeral’, please call your nearest Seasons Funeral Planner. We can be reached 24 hours a day, 7 days a week.

Belmont 9479 4173  Kelmscott 9493 2400  Willetton 9356 8811
100% WA family owned. Member of Australian Funeral Directors Association.
AMAZING HEROES

Lest we forget.
Hollywood always remembers.