REMEMBRANCE DAY

LEST WE FORGET
NORTHSIDE'S END OF YEAR DEALS!

MICRA ST AUTO
CITIES LOVE MICRA

$14,540
DRIVEAWAY

• Manual transmissions available
• VDC Stability Control +6 Airbags
• Easy to park and manoeuvre
• Bluetooth handsfree phone system
• Birthday and anniversary reminder

TIIDA ST AUTO
SEDAN OR HATCH

$19,765
DRIVEAWAY

• Air-conditioning
• Dual front & side airbags
• Cruise control
• Fuel efficient engine

DUALIS ST
2WD MANUAL
PRACTICALITY MEETS STYLE

$23,629
DRIVEAWAY

• 5-Star ANCAP safety rating
• Bluetooth handsfree phone system
• Vehicle Dynamic Control (VDC)
• Six airbags + 16" alloy wheels
• Elevated driving position

X-TRAIL ST 2WD MANUAL
GET OFF THE BEATEN TRACK

$25,450
DRIVEAWAY

• 17" alloy wheels
• New front grille and headlight design
• Six airbags - Dual front, side and curtain
• Electronic Stability Program (ESP)
• Bluetooth handsfree phone system
• Flexible interior, including rear drawer system
• Washable luggage boards

PATHFINDER ST
MANUAL
FIND YOUR PASSION

$45,629
DRIVEAWAY

• Turbo Diesel Engine with 140kW of power
• 3,000kg Braked Towing Capacity
• Vehicle Dynamic Control (VDC)
• ALL MODE 4x4 System
• Bluetooth handsfree phone system
• Dual Zone Automatic Climate Control Air Conditioning + 7 Seat Versatility

PATROL WAGON ST
MANUAL
POWERFUL ADVENTURES

$49,990
DRIVEAWAY

• Powerful common rail turbo-diesel
• Rear air-conditioning (cooling only)
• Bluetooth handsfree phone system
• 17" alloy wheels

NORTHSIDE'S END OF YEAR DEALS!

THESE PRICES ARE ONLY VALID UNTIL THE 31ST OF DECEMBER 2011, SO BE IN QUICK OR CONTACT US IN THE NEW YEAR FOR SPECIAL PRICING FOR LISTENING POST READERS.
We are proud of our long association with the RSL and are pleased to provide members with the following services

Probate and Deceased Estates - David Miller
Conveyancing and Settlements - Emma Leys
Enduring Powers of Attorney - David Miller
Family Law - Tony Milne
Motor Vehicle Accidents and General Personal Injuries - Tony Milne

WILLS AT SPECIAL RATES

Conflict of Copyright Laws
We do not accept newspaper clippings for publication without express approval from the Newspaper Editor as we can infringe on Copyright Laws.

Denis Connelly, Editor

To all Presidents’ and Sub Branch Secretaries
Please send photographs and a short article on special activities at your Sub Branch to The Listening Post.

Denis Connelly, Editor

INDEX

This Month in Australian Military History .......... 4
From The President’s Pen .................................. 5
From The Bunker .......................................... 6
Pensions, Advocacy & Welfare Services .............. 8
From The Archives ........................................ 14
Notices ......................................................... 25-26
Sudoku and Crossword ..................................... 27
Solutions ....................................................... 28
The Last Post ............................................... 28
Cartoons ....................................................... 29
Contact Directory & Editorial Information ............ 31

Deadline for next edition: 30 January, 2012
For contributions to next edition.
If possible, submissions should be typed and double-spaced. Preferred method of receiving submissions is via email. Photographs can be black and white or colour. This is your journal and contributions are welcome.

Address to: The Editor, The Listening Post
RSL, PO Box 3023 East Perth, WA 6892
Email: listeningpost@rslwa.org.au

Opinions expressed by contributors in articles and reproduced articles are the individuals’ opinions or the authors of such reproduced articles and are not necessarily those of the RSL.

Reproduction of articles (or extracts) contained in The Listening Post are welcomed, provided the source is acknowledged. The Editor reserves the right to accept, reject, sub-edit and re-arrange material submitted for publication.

To all Presidents’ and Sub Branch Secretaries
Please send photographs and a short article on special activities at your Sub Branch to The Listening Post.

Denis Connelly, Editor

We are proud of our long association with the RSL and are pleased to provide members with the following services

Probate and Deceased Estates - David Miller
Conveyancing and Settlements - Emma Leys
Enduring Powers of Attorney - David Miller
Family Law - Tony Milne
Motor Vehicle Accidents and General Personal Injuries - Tony Milne

WILLS AT SPECIAL RATES

Please phone:
(08) 9321 3755

‘A solid foundation. Kott Gunning was founded in 1919 and is one of the oldest independent legal practices in Western Australia.’

Level 8, AMP Building
140 St Georges Terrace,
Perth 6000

Facsimile: (08) 9321 3465
Website: www.kottgunn.com.au
Email: partners@kottgunn.com.au
### This Month in Australian Military History

<table>
<thead>
<tr>
<th>Date</th>
<th>Year</th>
<th>Title</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 December</td>
<td>1952</td>
<td>Operation Fauna, Korea</td>
<td>The 1st Battalion, Royal Australian Regiment, begins Operation Fauna in Korea. Its objective is to capture prisoners and destroy enemy defences. Operation Fauna was a major trench raid on Chinese positions near Hill 355 to snatch a prisoner. Although no prisoners were taken, Chinese dispositions near Hill 355 were seriously disrupted.</td>
</tr>
<tr>
<td>31 December</td>
<td>1914</td>
<td>The second convoy of the first AIF departs Albany</td>
<td>The second convoy of the first AIF departs Albany. Volunteers for the AIF enlisted so readily that a second convoy of reinforcements left within two months of the first. Many of those aboard its ships would land on Gallipoli on 25 April 1915.</td>
</tr>
<tr>
<td>1 January</td>
<td>1901</td>
<td>Proclamation of the Commonwealth of Australia</td>
<td>The Union of the six former colonies came into being with a proclamation by the Governor-General, Lord Hopetoun at Centennial Park, Sydney</td>
</tr>
<tr>
<td>3 January</td>
<td>1951</td>
<td>Seoul evacuated by UN Command Forces</td>
<td>United Nations Forces were forced to evacuate Seoul after a successful southward advance by Chinese and North Korean Forces. It was the second time in the Korean War that Seoul had fallen; the first time was shortly after North Korea launched its invasion of the South.</td>
</tr>
<tr>
<td>9 January</td>
<td>1966</td>
<td>1st Battalion Royal Australian Regiment in Operation Crimp</td>
<td>The Operation became the scene of a major action against a Viet Cong tunnel complex.</td>
</tr>
<tr>
<td>19 January</td>
<td>1944</td>
<td>No. 77 Squadron raids Pyongyang</td>
<td>Mustangs of No 77 Squadron attacked a suspected Chinese Headquarters with rockets.</td>
</tr>
<tr>
<td>22 January</td>
<td>1941</td>
<td>Tobruk surrenders to Australian 6th Division</td>
<td>After its capture, Tobruk was garrisoned by the 9th Division, elements of the 7th Division and other Allied units. The Town was surrounded on three sides by the German Afrika Korps in April and remained besieged, but unable to be resupplied by sea, until December. Most Australians, however, left Tobruk between August and October.</td>
</tr>
</tbody>
</table>

These events are only a selected number of significant dates when Australians were involved in activities of importance. For the complete list go to: [www.awm.gov.au](http://www.awm.gov.au)

### A Day to Remember

On 27 September 2011, 21 members of the Surrey Army Cadet Force (“the SCAF”) laid a wreath at the Circle of Remembrance at the State War Memorial.

The cadets and staff were in WA as part of “Exercise Southern Cross”, an exchange program that operates between the local Army Cadets Brigade (WA Australian Army Cadets Brigade) and the SCAF.

The exchange program has been going since 2004. In the even years a contingent of WA Army cadets visits Surrey and in the odd years, the Surrey cadets visit WA. The program includes sightseeing and cultural events and attendance at each others Annual Camp.

The ceremony was a chance for the cadets to reflect on the sacrifice countless men and women have made in Wars and conflicts throughout our history.

The SCAF wreath was laid by Cadet Lance Corporals Fee and Boyer and by special request, the Union Flag was flown during the service.

After the wreath laying, the State Warden welcomed the SCAF contingent and Cadet Sergeant Luke Cole replied. The cadets were then able to disperse and get a closer view of the wreath and the State Memorial itself. Despite the forecast showing storms and even hail, we were very lucky with the weather. A brief 10-second shower during the ceremony was followed by fine weather with even some sun!

We are very grateful for the support of the State Warden and Deputy State Warden who were supported by the Sub Wardens that assisted with the flags during the ceremony.

**Major (AAC) Michael Jenkin**
State Congress
The recently held State Congress marked the beginning of the new triennium that will lead us up to the commemorative activities associated with the Centenary of ANZAC. While Albany will be the focus for Western Australian activities, it is hoped that sub branches will take a lead role in organising events that will honour not only the original ANZACs but all those who have followed in their footsteps. Early in the New Year we will be preparing a set of guidelines to heighten public awareness of the forthcoming events and suggesting ways for total community participation in this milestone in our history.

State War Memorial
By resolution of State Congress the names of members of Western Australian based Units killed in conflicts will now have their names inscribed on the State War Memorial. In the past, those born or enlisted in Western Australia satisfied the criteria but now this will be extended to include those who made their home and served in Western Australian based units. Following research into those who meet the criteria it is hoped to have the names on the Memorial by ANZAC Day.

Bombing of Darwin
Darwin City Council with the local community will mark the 70th Anniversary of the Bombing of Darwin in 2012 with a special commemoration. A two week commemorative program of events will recognise the people who fought to defend our northern border, the men, women and children who were forced to evacuate and those who lived through the nightmare. Rebuilding Darwin took courage and commitment and helped shape the city. Remembering honours that commitment. The program will celebrate the lives of those lost in the series of attacks across the north and ensure these events are remembered by a new generation of Australians.

Every year, survivors and their families come together in Darwin to remember. As we approach the 70th Anniversary of that first bombing raid, the older generation is keen to pass the baton of remembrance on to younger Australians to ensure our nation never forgets the horrors of war and the value of peace. 19 February 2012 will be a milestone in this important commemoration.

National Scene Ex-Service Organisations Round Table Meeting 24 November 2011.

Items discussed included:

a. DVA presence on ADF bases.

As at 23 November 2011, DVA had established a presence at 37 ADF bases throughout the nation. The exemplar is Lavarack Health Centre Townsville where there is DVA presence 5 days each week. At Puckapunyal it is 1 day per month. This is a welcome improvement of services to members of the ADF and complements the efforts of the ex-service organisations that will continue to be needed for the foreseeable future.

b. BEST Round 14 funding.

Minister Snowdon was present for discussion about this item. It was agreed DVA would arrange meetings for negotiations about BEST Round 14 funding with all indications being that these would start in December 2011.

c. Standardised OH&S Laws.

Safe Work Australia explained that the three levels of government are seeking to harmonise OH&S laws throughout the nation. This will take effect in all states and territories from 1 January 2012 except for WA and VIC whose governments have indicated a one year delay. The major change is that the OH&S laws are not confined to employees/employers but recognises the concept of workers including volunteers. The new laws also impose duties on senior officers. There are some exemptions for volunteer organisations that do not have any employees. Volunteer officers do have responsibilities but are immune from prosecution. The implications for the RSL appear to be that there will be a once only administrative load imposed as the new OH&S laws are introduced. All are advised to visit the Safe Work Australia web site and, in particular, the section on Frequently Asked Questions (FAQ).


This allowance is an income support payment made by DVA to those whose social security income support payment is reduced or not payable because of adjusted disability pension. It would be preferable that this be paid by a single agency but this has not been arranged because it would require IT system funding of $30M over 4 years.

e. Coordinated veterans care program.

Dr Killer advised they are working on a new concept for veterans and doctors because of changes in primary health care. New factors include that only 25% of new doctors are choosing to become GPs and that it is taking a lot more time to manage older patients. The aim in the new model is to identify veterans with complex issues; to up skill practice nurses so some of the care can be delegated to them; to provide home visits where appropriate; and to provide resources to GPs managing complex veteran cases. On a voluntary basis doctors will be encouraged to identify patients with a high usage of services.

Dr Killer also advised that a home medication review is underway and explained the benefits to veterans and doctors likely to arise from this review.

Indexation issue
The quest for improved indexation of military superannuation payments.

This was most recently debated at the WA State Branch Congress on Saturday 26 November where delegates were provided with a comprehensive explanation about what the RSL has done and is doing to try to convince the Government to the validity of the issues put forward in our comprehensive submission of February 2010. Important issues arising from this debate are:

• The RSL approach to this issue complements the efforts of other ex-service organisations while retaining the RSL apolitical stance.
• Government has not yet responded to our comprehensive February 2010 submission. Prime Ministers Rudd and Gillard separately indicated there is no prospect of the government agreeing to any change to any of the indexation of military superannuation schemes. This is consistent with the government’s rejection of the Fair Indexation Bill put forward by the Opposition in the Senate in June.

• The RSL will not relent in this quest and every opportunity is taken to put the validity of the case to members of the Commonwealth Parliament.

Release of personal records from National Archives.

The release of personal service records from the National Archives is a cause for concern. In one case recently cited less than complementary comments on a confidential report were included in an obituary and could have caused offence to the deceased person’s family. The National Executive has agreed to prepare a comprehensive submission about this matter and it is planned that this will be ready for consideration at the first meeting in 2012.

The MOU
Much publicity has been given to the proposed MOU between the RSL and Veterans Association of Vietnam. The MOU has caused schisms in the veteran community and it is worth stopping for a moment and recognising three facts:

1. The Western Australian Branch of the RSL was the first state Branch to officially reject the MOU. This rejection was put into effect following consultation with members of our Vietnamese Sub-Branch.
2. Severe pressure had been put on our executive to comply but we took the moral view that we represent our members (not only the Vietnam Veterans but also members of the Vietnamese Sub-Branch).
3. The point that was made that Vietnam is still a hard-line communist country and the former ARVN soldiers are still treated very poorly.

Members are advised that the proposal has now been withdrawn and all can be reassured that we will always stand up for what is right.

Christmas Greetings
As the year draws to a close and we settle down to enjoy the Christmas period, may I, on behalf of the State Executive, put forward by the Opposition in the Senate in June.

The RSL will not relent in this quest and every opportunity is taken to put the validity of the case to members of the Commonwealth Parliament.
In this edition of From the Bunker we look at 3 high profile Australians who have had a career in other areas and who went on to service their country in its hour of need. These are ‘Bud’ Tingwell, ‘Chips’ Rafferty and ‘Tibbie’ Cotter.

Bud Tingwell

Charles William ‘Bud’ Tingwell was a very well known Australian actor who played and acted in everything that he could from Hospital Drama “Emergency Ward 10”, an English production, for 10 years as Dr Alan ‘Digger’ Dawson to making films as Inspector Craddock with Margaret Rutherford in four Miss Marple films and on stage in the ever popular “There’s a Girl in My Soup”.

It was around this time he met the love of his life, Audrey Wilson. They married in 1941. As the conflict in Europe was drawing to an end the now Flight Lieutenant returned to Australia to serve in the defence of Australia. After nine months at 2CH, Charles joined the Royal Australian Air Force. He moved to Canada to be trained as a pilot under ‘The British Commonwealth Air Training Plan’.

After receiving his commission in 1942 the now Pilot Officer (PO) Tingwell was posted to the Middle East where he was trained in Spitfires with RAF 680 Squadron in a photographic reconnaissance roll flying 75 missions over Tunisian, Sicily and Italy. Tingwell was then invited to Hollywood to play a major part in the film ‘Desert Rats’ with Richard Burton, James Mason and ‘Chips’ Rafferty.

Although being offered a very lucrative contract to stay in Hollywood, Tingwell preferred to return to Australia on such films as ‘King of the Coral Sea’. He continued with his great love of radio plays and live theatre, touring with Googie Withers and John McCollins in ‘The Deep Blue Sea’.

Amongst the notable roles that Tingwell played was Inspecter Reg Lawson from the long running series ‘Homicide’. He also appeared in ‘Breaker Morant’, ‘Puberty Blues’ and ‘All the Rivers Run’ as well as the TV series ‘Neighbours’ as Henry O’Rourke. Probably the most significant role he played was Lawyer Lawrence Hammil in the 1997 film ‘The Castle’.

Tingwell’s wife Audrey sadly passed away in 1996. In the later years of Audrey’s life Charles gave up working to become her full time carer.

Chips Rafferty

‘Chips’ Rafferty was born as John William Pilbean Goffage on 26 March 1909 at Broken Hill to John Goffage and Violet Maude Joyce.

When he entered show business he went by his stage name ‘Chips’ whilst at primary school. John studied at Parramatta Commercial High School before moving into a variety of jobs including deckhand, sheeper and icecream vendor. However it was the arts he loved; poetry, painting and acting.

In 1939 Chips Rafferty appeared in his first film ‘Aunts in His Pants’. At this time Rafferty was also managing a wine cellar in Bond St Sydney.

In 1940, Rafferty appeared in the film ‘Dad Rudd MP’ which brought him to the public’s attention. He became widely regarded by the ‘picture going’ public as the archetypal Aussie of the day. He also appeared in ‘Forty Thousand Horsemen’.

Film offers were coming frequently to the tall and somewhat lanky Iaconic bushman who struck a chord with the Australian public. On 28 May 1941 Chips married Ellen Kathleen Jannison. The next day he enlisted in the Royal Australian Air Force. Whilst doing service in the RAAF he served in Australia, New Guinea, Netherlands and East Indies.

In 1943 saw Rafferty commissioned with the rank of Pilot Officer in the Administration and Special Duties Branch. The wartime need for entertainment resulted in

It was around this time he met the love of his life, Audrey Wilson. They married in 1941.
Albert Cotter was born on 3 December 1883 on Phillip Street Sydney. He was the fourth son of John Henry Cotter, a local butcher, and his wife Margaret Hay Cotter.

On 23 April 1943 PO Rafferty was discharged from the RAAF to feature in the film 'The Rats of Tobruk' and in 1946 he featured in another iconic Australian film, 'The Overlanders'.

Rafferty also worked for British and American picture producers which saw him being involved in 'The Desert Rats' in 1953 and 'Mutiny on the Bounty' in 1962.

Chips Rafferty identified himself with the outback and came to be a symbol of the Australian qualities that he demonstrated in some of his wartime film characters; uncomplicated and somewhat crude.

Chips also got involved in advertisements encouraging Australians to 'bring out a Briton'. This campaign was launched by the Australian Government to increase the amount of British migrants settling in Australia.

Rafferty produced and wrote films for his production company 'Southern International' which he founded in 1953. These productions included 'The Phantom Stockman', 'The King of the Coral Sea' (1953), 'Walk Into Paradise' (1956), 'Dust in the Sun' (1958) and 'Ambitious One' (1959).

As well as appearing in films he featured in Australian and American television shows including 'Gunsmoke', 'The Stranger', 'Skippy the Bush Kangaroo' and 'The Wackiest Ship in the Army'.

Rafferty MBE passed away on 27 May 1971 after a massive heart attack in the streets of Sydney aged 62. He was cremated and his ashes were cast into his favourite fishing spot; Lovett Bay, Pittwater. His wife had passed away in 1964. They had no children.

Referenced:
1. Australian War Memorial
2. Wikipedia
Many people find Christmas a very difficult time of year.Christmas may have previously been a time spent with loved ones who are no longer in your life. Additionally, many people have more expenses at this time of year adding further difficulties to the holiday season.

If you are having difficulties paying utility or other essential household accounts please contact the Welfare Officer at ANZAC House. Some assistance may be available to eligible Veterans and their dependants experiencing financial hardship.

Christmas can also be a difficult time for people who have suffered major losses since the previous Christmas. Perhaps you don’t have any family and you are not looking forward to spending another Christmas alone. Whilst this can be reason to dread the festive season, there are alternatives. Check out what’s happening at your Sub-Branch and participate.

Many community organisations and Churches have special activities for the festive season. Mission Australia has an annual “Christmas Lunch in the Park.” This event is attended by around 2000 locals and offers free of charge, companionship and a fun filled day. Every guest will enjoy a traditional Christmas lunch under an air-conditioned marquee, receive a gift and enjoy entertainment throughout the day. Santa will distribute donated gifts and volunteers will welcome each guest as they arrive.

The event is held at Wellington Square Park, East Perth on Friday 25 December 11.30am to 2.30pm

Sources of Assistance During the Holiday Period

ANZAC House will be closed from 23 December 2011 until 16 January 2012. During this period the Welfare Officer will be contactable on mobile number 0412 009 191 should you need assistance. Other useful sources of assistance include:

Veterans & Veterans Families Counselling Service
1800 011 046

The WA Sailors, Soldiers and Airmen’s Fund Trust
1300 550 461

DV A staff will take up accommodation on Base Advisory Service or to make an appointment call 1300 550 461.

The LisTening Pos T
Rosalind Howat

December 2011

With Rosalind Howat Welfare Officer

SURVIVING THE FESTIVE SEASON

RSL volunteers regularly visit Veterans in Hospitals, Nursing Homes and Prisons in the metropolitan area. If you would like to arrange a visitor for yourself or a loved one please refer to the Hospital Visitors List or for Prison visits please contact Mr Terry O’Neill of RSL Legal Support Group on 9440 6233. To arrange a Nursing Home visit please contact the Welfare Officer at ANZAC House on 9287 3707 or 0412 009 191.

Carers Association Counselling Line
1800 007 332

Lifeline
131 114

The Trust assists veterans and their dependents experiencing financial hardship or in crisis. The Trustees meet on the second Tuesday of each month to consider applications for assistance. The Trustees at all reasonable requests for assistance. Financial grants are restricted to those that are genuinely in need and unable to pay for some essential item or purpose required to preserve quality of life. For further information please contact the Fund Administrator on 9287 3707 or mobile 0412 009 191.

I would like to take this opportunity to wish you all a merry Christmas and a safe, happy and prosperous New Year. Until next issue take care.

ROSALIND HOWAT
State Welfare Officer

HOSPITAL VISITORS LIST

<table>
<thead>
<tr>
<th>Volunteer</th>
<th>Contact Number</th>
<th>Hospitals Visited</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ms Remah Glencorse &amp;</td>
<td>0447 007 522</td>
<td>Hollywood Private Hospital</td>
</tr>
<tr>
<td>Ms Bernadine De Beaux</td>
<td></td>
<td>St John of God</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sir Charles Gardiner Hospital</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Shenton Park Rehabilitation</td>
</tr>
<tr>
<td>Mr John Duffy</td>
<td>9401 5815 or</td>
<td>Joondalup Hospital</td>
</tr>
<tr>
<td></td>
<td>0413708278</td>
<td>Glengarry Hospital</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Osborne Park Hospital</td>
</tr>
<tr>
<td>Mr Mike Harness</td>
<td>9293 1076 or</td>
<td>Kalamunda Hospital</td>
</tr>
<tr>
<td></td>
<td>0419 091 708</td>
<td>Armadale Hospital</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bentley Hospital</td>
</tr>
<tr>
<td>Mr Jim Ferguson</td>
<td>9341 5303</td>
<td>Hollywood Private Hospital</td>
</tr>
<tr>
<td>Mr Bill Adamson</td>
<td>9295 5354</td>
<td>Mercy Hospital</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Swan Districts Hospital</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Swan Seniors Mental</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Health Facility</td>
</tr>
<tr>
<td>RSL welfare Officer</td>
<td>9287 3707 or</td>
<td>Royal Perth Hospital</td>
</tr>
<tr>
<td></td>
<td>0412 009 191</td>
<td>Others as required</td>
</tr>
<tr>
<td>Mrs Noreen &amp; Mr John Nagle</td>
<td>9583 38425</td>
<td>Peel Hospital</td>
</tr>
<tr>
<td></td>
<td></td>
<td>RSL Care, Mandurah</td>
</tr>
<tr>
<td>Mr John Rankin</td>
<td>0438 264 371</td>
<td>Fremantle Hospital</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Alma Street Hospital</td>
</tr>
</tbody>
</table>

MEDALS, MEDAL MOUNTING, MEDALS

The Regiment - Wally Dennison

MEDAL MOUNTING SERVICE

- All mounting traditionally hand stitched (no glue used at all)
- Full size, miniature medals, ribbon bars
- All replica full size & miniature medals supplied
- All medal mounting items supplied
- Ribbons, mounting bars, clasps of various types
- Metal Mounting since 1967
- Ex-regular Army Member RSL
- Phone: (08) 9414 9553
- YOKINE, PERTH

On Base Support for Our Defence Members

Current serving Australian Defence Force (ADF) members will be better connected to services offered by the Department of Veterans’ Affairs (DV A) with a new advisory service.

“This initiative will not only assist those leaving the ADF, but will also ensure current serving members understand and are informed about the support and services they may be entitled to receive such as health services, rehabilitation, compensation and income support.

“We recognise the importance of providing ADF members with information and support should they suffer an injury whilst serving. We also recognise that transitioning out of the ADF can be a significant and difficult change for members and their families,” Mr Snowden said.

The On Base Advisory Service will provide for a smoother transition into civilian life for those who have served our country with distinction,” he said.

“We’ve taken this important step because we have listened to our serving community and their families and the need for enhanced services. This service is about providing a comprehensive support program regardless of what phase of service a member is in,” he said.

DV A staff will take up accommodation on over 35 Defence bases around the country to provide information and assistance about DV A services and benefits to current serving members.

DV A will provide either a full or part-time presence on bases, depending on the local need. The Advisors will be located at Defence Health Centres, or within the health precinct, allowing all ADF members to access the service, regardless of their location.

Mr Snowden said that the new On Base Advisory Service will provide significant benefits for the defence community.

“This service is a part of a much larger program of work – the Support for Wounded, Injured or Ill Program (SWIIP), which will enhance the way Defence and DV A work together in supporting and caring for our ADF members,” he said.

SWIIP works to identify an individual’s need for support services earlier, streamlining rehabilitation and compensation processes, making contact with ADF easier, and collaborating with Defence to support transitioning ADF members.

All On Base Advisors will receive specialised training focusing on the contemporary ADF experience, the Defence environment including current rehabilitation and transition systems and the full range of DV A services and support.

Mr Snowden met with the first group of Advisors at their training in Canberra.

“The three-day intensive training course provided those who will be taking on this important role with the information they need to assist our ADF community,“ Mr Snowden said.

For more information about the On Base Advisory Service or to make an appointment call 1300 550 461.

Snowden Media Release
A moving tribute to the RSL

In April of 2012 The Ghan will make a special journey from Darwin to Adelaide. ‘The Ghan’s ANZAC Tribute’ is a four day commemoration of the glories and sacrifices of the Australian Armed Forces during the Second World War.

The journey encompasses a series of special events including a visit to the Adelaide River War Cemetery, a traditional Dawn Service in the outback town of Katherine and a journey aboard an original ‘troop train’ through the picturesque Flinders Ranges. This is a unique chance to reminisce with mates, make new friends, listen to guest speakers, performers and senior military personnel and learn of the historic links between The Ghan and the Australian Armed Forces.

Enjoy the comfort of a Red Sleeper, Gold Service or Platinum Service cabin while the magnificent Australian Outback glides past your window. Bask in the unrivalled splendour and culinary delights of the Queen Adelaide Restaurant and the Outback Explorer Lounge. The Ghan’s ANZAC Tribute will be a journey to remember.

For every ticket sold, Great Southern Rail will be donating $100 to the RSL. Prices for the three night / four day journey start at $2,354. For more information or to book, call Great Southern Rail on 13 21 47.

On Remembrance Day, Friday 11 November 2011, our branch played host to our members & families, quite a number of local people and approximately 200 school children with their teachers from Nulsen & Esperance Primary Schools attended.

The service was conducted by Sub-Branch president Mr George Starcevich and Jnr VP Mr Kevin O’Dwyer.

This was followed by an enjoyable BBQ cooked by the President which was enjoyed by all.

On behalf of the Esperance Sub-Branch we would like to wish all members of RSL WA and their families a “Very Merry Christmas” and a “Happy New Year”

Ray Gray – Publicity – Esperance Sub Branch

Never Use Toilet Paper AGAIN

Latest Models (not superseded)
Save money by never buying toilet paper again
Ensure you get the right bidet for your toilet seat
12 month warranty and local support
DIY installational or can be arranged metro area

Illumination
Adjustable temperature for water dryer
Nine seat massage and move motions
Sitz bath and other features
All tested and conform to Australian Standards.

Enquire Today!!

PENSIONER CONCESSIONS AVAILABLE

Luxury remote control bidets now available – Special price for a limited time only

Buy your Bidet from a WA Owned & Operated Bidet supplier

Enquiries: 1800 046 847 Email: bidetsupplieswa@aapt.net.au

Esperance RSL
Remembrance Day
11-11-11

On Remembrance Day, Friday 11 November 2011, our branch played host to our members & families, quite a number of local people and approximately 200 school children with their teachers from Nulsen & Esperance Primary Schools attended.

The service was conducted by Sub-Branch president Mr George Starcevich and Jnr VP Mr Kevin O’Dwyer.

This was followed by an enjoyable BBQ cooked by the President which was enjoyed by all.

On behalf of the Esperance Sub-Branch we would like to wish all members of RSL WA and their families a “Very Merry Christmas” and a “Happy New Year”

Ray Gray – Publicity – Esperance Sub Branch
**MERRY CHRISTMAS**
**FROM THE PRESIDENT & STATE EXECUTIVE**

We hope you all have a wonderful Christmas and a Safe and Happy New Year!

---

**RSL “Spirit of ANZAC” Award ’11**

The RSL received nominations for the above Award this year from the following cadets:

- SMN Campbell Christie   TS Marmion
- LSMN Elizabeth Kennon  TS Marmion
- PO Rhiannon Thompson  TS Marmion
- Recruit Gunter Reid   509ACU
- WO2 Gordon Hughes  501 ACU
- Cpl Marco Spadaccini  509 ACU
- Cpl Amanda Ward   509 ACU

The Testing Day was held at the City of Belmont RSL Sub-Branch on Saturday, 5 November 2011. The tests involved were: Dress and Bearing (all of a high standard); First Aid Theory and Practical; General Knowledge and a five minute speech on a Military subject of their own choice.

After the comprehensive examination the cadets enjoyed sandwiches and soft drinks kindly donated by the Sub-Branch.

The four winners will be announced at ANZAC House at a formal Presentation Evening on 20 January 2012. The winning cadets will be sailing on the STS Leeuwin in February. All the cadets will be presented with an RSL polo shirt, cap and a Certificate of Participation in the RSL “Spirit of ANZAC” Award.

Olga Greig OAM - Youth Affairs Coordinator

---

**WA Venturer Scouts at Kings Park**

As the sun set upon the Kings Park War Memorial on Remembrance Day, fifty of Western Australia’s Venturer Scouts pause to reflect. Not only to commemorate the end of World War One, but also to remember all of Australia’s brave soldiers. Those that fought in World Wars, but also those that at this very moment are on operations in the Middle East.

It’s hard for us to comprehend people leaving our country to fight; many at the young age of 16. They too shared part of our promise when we became scouts: “To do my duty to Australia” and for many of them, paid for that promise with their lives. Their futures cut short, so we could have one.

After the service and poppy laying, we all enjoyed a sausage in a bun and some fellowship. With the memory of our fallen soldiers still deep in our hearts.

We thank the RSL of WA greatly for their permission and attendance at our ninth annual service and look forward to taking part next year.

Harrison Tom – Council Vice Chairman

---

**Archives**

On Thursday, 20 October 2011 the last of the membership cards were sorted from when the RSL was formed as the Returned Soldiers Association in WA in 1916. At that time members were recorded on a card system organised in alphabetical order. The Card system was continued until the 1980’s, when the membership system changed.

We are fortunate in ANZAC House to have maintained our membership cards which detail our membership base in Western Australia. Work on the membership cards was identified early on in the project with the order of cards being somewhat mixed up from its origins as alphabetical order, possibly due to misfiling along the way. It was decided to re-impose the original order of the cards and to remove the contaminants (staples and pins) along the way to prevent them being damaged.

With over 100 boxes of cards taking up shelf space of 18m if they were put side by side, you can imagine it was no easy feat. The cards were worked on by a dedicated team of volunteers, Kay, Barry and Joan, and took just over two years to complete.

To celebrate the completion the team are lunching in the ANZAC Club. Although a long process the cards yielded some treasures within the collection cards being identified for:

- Kingsford, Smith CE 23 RAF Capt Sub Gascoyne
- Blamey, T – Brigadier General

**The Library**

A worthy celebration for a challenging and interesting task.
As part of their service to the Subiaco community, the City of Subiaco Sub Branch decided to donate $500 p.a. for the next few years, to each of the two Primary Schools in their area; Subiaco and Jolimont. The money is to be used to benefit either the school or a pupil (or pupils) as the school deems fit.

Cheques for $500 each, for the year 2011, were handed to the school principals by Sub Branch President, Dennis Williams.

Dennis Williams
President - City of Subiaco Sub Branch

Mr Phillip Skelton has retired from his position of Deputy Warden of the State War Memorial, Kings Park.

Col Skelton took up his position in 2004 with his duties including being responsible for all Services and Commemorations at the State War Memorial, which averages approx. 30 per year, including hosting foreign dignitaries and various State and National events.

Mr Bill Gaynor OAM RFD, State President, said that, “Phillip has always carried out his duties with decorum and dignity and is a pleasure to work with.”

However, Phillip is not putting his feet up just yet! He is now moving to the role of District Governor of Rotary.

We wish Phillip well in his new endeavours.

Denis Connelly
Subiaco Sub Branch Community Service

Guards Association of WA (Inc): Secretary: 0400 744 808
Members of the Partners of Veterans Association of Australia Western Australia: President: 9535 2163
2/16th Australian Infantry Battalion AIF Association (Inc): Secretary: 9368 0163 or 0400 611 020

1. City of Subiaco Sub-Branch President, Dennis Williams, with Subiaco Primary School Principal, Ms Carolyn Press
2. City of Subiaco Sub-Branch President with Jolimont Principal, Mr Christian Woodcock

These contacts were left out of the previous edition.

Apologies for any inconvenience caused.

Purslowe Funerals
To embrace a lifetime, we give you time.

Time to plan.
Time to reflect.
Time to celebrate.
We give you time.

Proudly supporting the RSL in Western Australia
Discounts for RSL members and their spouses

MIDLAND 239 Great Eastern Hwy (Cnr Brockman Rd) 9274 3866
NORTH PERTH 15 Scarborough Beach Rd 9444 4835
SOUTH FREMANTLE 254 Hampton Rd 9335 4111
VICTORIA PARK 289 Albany Hwy 9361 1185
WANGARA Cnr Buckingham Drive and Wanneroo Rd 9409 9119

All areas 1300 662 172 www.purslowefunerals.com.au
Australian Owned | 24 Hours | All Areas | Prearranged Funerals

Wishing all our readers
A Happy Christmas and a Safe New Year

The Listening Post Committee
& Staff of ANZAC House.

Merry Christmas!

Please note:
ANZAC House will be closed from
Noon, 23 December until 16 January 2012
ANZAC Club will be closed from
22 December and will reopen 16 January 2012.

Mr Philip Skelton has retired from his position of Deputy Warden of the State War Memorial, Kings Park.

Colonel Phillip Skelton
AM (Retd) Retires

Mr Phillips has retired from his position of Deputy Warden of the State War Memorial, Kings Park.

Col Skelton took up his position in 2004 with his duties including being responsible for all Services and Commemorations at the State War Memorial, which averages approx 30 per year, including hosting foreign dignitaries and various State and National events.

Mr Bill Gaynor OAM RFD, State President, said that, “Phillip has always carried out his duties with decorum and dignity and is a pleasure to work with.”

However, Phillip is not putting his feet up just yet! He is now moving to the role of District Governor of Rotary.

We wish Phillip well in his new endeavours.

Denis Connelly
A new beginning for Ellenbrook Sub-Branch

The Ellenbrook Sub-Branch has traditionally held its Remembrance Day service at a local retirement village, but circumstances changed and the president Stephen O’Neil had to act quickly to put in place another ceremony. Working closely with the City of Swan Council, Stephen arranged for the ceremony to be held in the beautiful open space outside the town library.

At the appointed hour, 100 members, students and citizens attended the meaningful ceremony. Steve O’Neil led the ceremony and recited the Ode, and Matt Farrow, Air Force cadet, blew the Last Post and Rouse accompanied by Liam Cowan, drummer. All of the diggers and visitors then adjourned for morning tea in the library.

The upshot of the changes put in place for this ceremony was an enthusiasm among the members to put our activities out to the community because our future depends on convincing the population that we are worth supporting.

Dr Neil MacNeill
Secretary/Membership

A limited edition 55th Normandy Veterans’ Anniversary Plate was presented to the ANZAC Club by Bill Price L’d’Hon on behalf of all Normandy Veterans, prior to the Remembrance Day of 11 November 2011.

A group of Normandy Veterans presented the plate to the President of RSL WA, Bill Gaynor. Bill Price regularly visits the landing beaches of Normandy and returns to France to remember those who gave their lives.

Born in 1914, Bill was part of the contingent of merchant ships that formed the sunken Mulberry Harbour in Arromanches (www.Arromanches.com). Bill was recently awarded the Centenary of Federation Medal for services to Veterans.

The group also welcomed Philip Orchard, recently appointed CEO/State Secretary of RSL WA Branch who served 24 years in the RN and 10 years in Royal Australian Navy, and is now a member of the RAN Reserve.

Helen Playford
Tel: 9490 2596
email: contact@helenplayford.net
for more information

Dedicated Memorial to Victims of the Notorious Death March in North Borneo, Where is it?

In 1986 the Victoria State Branch of the Returned & Services League of Australia raised, through donations, the sum of $32,000 to erect a monument at the entrance of the Sandakan POW Camp.

Two plaques were ordered; one depicting the route of the trek to Ranau which was placed on top and another dedicated to Australian and British POWs who perished on the trek, the local men who served in the British Colonial forces, and the civilians who, through their selflessness, assisted the POWs in one way or another.

Three years later, in 1989, a third plaque was unveiled, listing the six Australians who survived the ordeal by escaping. It is through these men that the tale of atrocities of cruelty, sickness and starvation and the death of their mates.

This was the first memorial erected to the POWs and civilians. I visited Sandakan for the ANZAC service in 2010, and paused at the memorial.

The land of the old Experimental Station was handed to the RSL in 1989.

It has now come to light that, through the influence of a well-known author and historian, the memorial has been removed and the three plaques sold to a merchant as scrap metal and the proceeds donated to that historian. This was done to make way “for a beautiful pathway”.

This is not only sacrilege but an insult to all those who suffered and died through the cruel code of their captors. The question now remains, why did the Office of War Graves decide to destroy a dedicated memorial to make way for a pathway? Why were the proceeds of the sale of the plaques donated to a scholarship scheme?

This is akin to trampling on the souls of all who died in North British Borneo (Sabah)!

Hendrikus Chattillon
This year the War Widows’ Guild of Australia (WA) Inc commemorated their 65th Anniversary of the formation of the Guild in Western Australia.

Unlike Ex-Service Organisations the War Widows’ Guild does not celebrate battles but come together to remember loved ones and those men who fought alongside their husbands.

State President Mrs Hazel Donald and widows representing major conflicts laid a wreath and other members attending placed a poppy at the memorial in memory of their loved ones.

The Guild was formed in 1946 by Mrs Jessie Mary Vasey. Mrs Vasey was a pioneer in the fight to obtain pension justice for thousands of war widows who were living in near poverty at the end of WWII. Since then the Guild has worked tirelessly to ensure that war widows receive appropriate financial and health care benefits.

Jenny Knight

Changi Artwork

I thought you would be interested to know that our family has scanned my dad’s artwork done as a prisoner of war in Changi during WWII. We wanted to get it up and running ready for Remembrance Day and have succeeded in doing this.

There are over 300 images and we have just had developed a dedicated site to display Dad’s artwork through WWII, it is www.changipowart.com

Included on the site are images from the book, ‘Never Say It Can’t Be Done’, images we had never seen before and found at Changi POW Museum.

You can now access his work done under extremely oppressive circumstances but with some humour. I remember him telling me he did this (artwork) to keep his sanity as a POW.

We feel that this not for profit site is finally getting Dad’s images out there and would benefit many, including younger people, people interested in Changi and researchers.

Please feel free to advertise this site and share with others who could be interested broadly, especially any ex POW’s who could throw some light on some of the images, if appropriate.

Feedback, negative and positive is welcome and so far have picked up a few spelling errors.

Keith Bettany

ANZ Christmas Hamper

Mr Ken Whitehead was the delighted recipient of the ANZ Christmas Hamper. Mr Whitehead served with the Royal Marines and migrated to Australia with his wife Madge in 1963.

Rosalind Howat

The toilet seat that changed our lives!

Trevor & Aileen Brown wished that they had found the Bidet toilet seat years ago.

“It’s Marvellous” they say!

Trevor a Returned Serviceman says he knew his luck had changed when he saw the Bidet in an advertisement in the local newspaper.

It read ‘This Bidet toilet seat simply replaces your existing toilet seat and will automatically clean you without toilet paper’, it also says he knew his luck had changed that you no longer needed toilet paper.

But as Trevor explained and we couldn’t be happier.

Trevor & Aileen Brown been put to the test.

Thoroughly. Then an in-built fan dries you off with warm air and that you no longer needed toilet paper.

Mr Brown said the Bidet is the best investment they had made in their personal health and hygiene and after years of toileting problems Mr Brown no longer finds going to the loo an issue.

“Give it a go” they say. “We did and we couldn’t be happier.”

For more information please call The BIDET SHOP® on 6102 5610 (local) or 1800 243 387 (national).

Don’t forget to mention our RW12 to receive the RSL Members Discount!
The RSL Living History Project has just come back from a visit to Three Springs-Arrino, Morawa, Carnamah and Coorow Waddi Forrest. Within this area there were also Sub-Branches at Mingenew, Yandanooka, and Bunjil.

Three Springs-Arrino was formed in 1932 with a membership of forty ex-service men. The first President was Bert Strutton, Vice President Sid Gooch and Secretary O.S Sowerby. We were fortunate while in Three Springs to speak with Mr Jack Thorpe who joined the RSL in 1949 and has contributed tirelessly both to the League and the community of Three Springs. In the area of Three Springs, over 100 school children have been sponsored on the Quiet Lion Tour largely through the efforts of Mr Thorpe, no small feat for a small community.

Our first record of Carnamah is 1929 when membership was quoted at 28. Carnamah built their hall which was opened on 2 April 1955, and was utilised by the community as well as the Sub-Branch. Carnamah, like many of the Sub-Branches in the area raised funds through cropping wheat and, at the outbreak of WWII, set up a volunteer defence corps unit. Carnamah closed down around 1989, its hall is still standing and is currently utilised by the local Scout and Guide groups.

Coorow Waddi Forrest was formed later, its first meeting was held on 13 May 1947. Although late to form, Coorow Waddi Forrest hit the ground running, raising enough funds to open their hall in 1954. The Women's Auxiliary in Coorow Waddi Forrest provided the furniture for the Hall when it opened and it was considered an asset to the district. The last meeting of the Coorow Waddi Forrest Sub-Branch was in 1986, its hall is currently in use by the Coorow Historical Society who care for many of the records that were produced by the Sub-Branch.

Naomi Jones

Thank You Mr Gary Sutherland OAM

After a recent stint at ANZAC House as Acting CEO/State Secretary, Mr Sutherland has now returned to his interrupted retirement.

The ANZAC House staff would like to thank Gary for his advice and counsel. He now returns to domestic duties with his wife Nadia.

You have earned your leave Soldier!

Denis Connelly
Editor
Call 9579 6035

**MITSUBISHI**

- Colt
  - Fuel economy from only 5.6 per 100 kms
  - Full range of safety features
  - Terrific refinement and economy
  - Largest interior space for its class
  - Stylish, very comfortable seats & great head room
  - Integrated Bluetooth & audio controls via steering wheel

- Outlander
  - Fantastic amount of space
  - Cruise control
  - Easy entry and exit
  - Great visibility all round
  - Soft touch air conditioning system

- Challenger
  - Great off road ability
  - Fantastic 3 tonne towing capacity
  - Mitsubishi Diamond advantage
  - Great looks and style

**KIA**

- Rio
  - 5 Star Ancap safety rating
  - Great comfortable driving position which includes telescopic & tilt adjustable steering
  - Integrated Bluetooth, cruise control and audio controls via steering wheel
  - Available as either a 2WD or 4WD
  - Luxury Platinum versions also available

- Sportage
  - Powerful and economical 3.5 litre petrol V6 producing 204kW of unbelievable total power
  - 5 Star Ancap safety rating
  - Available with 7 seats as standard
  - Winner of a European design award
  - Diesel luxury models also available

**5 YEAR UNLIMITED KILOMETRE FACTORY WARRANTY ON ALL NEW KIA MODELS!**
The Returned Services League of Australia WA Branch Incorporated would like to thank...
For their support of the 2011 Poppy Day Appeal

Photos courtesy of Jeff Keen
It has now been four weeks since I took on the role of CEO/State Secretary and the pace of life has been furious. I am indebted to Gary Sutherland for his time and counsel in ensuring I was adequately prepared for what can only be described as a baptism of fire.

Remembrance Day, the Poppy Day Appeal, National Executive Meeting, State Congress and the visit of our National President ensured I hit the ground running. I was delighted to visit my first two Sub-Branches; City of Cockburn and Serpentine-Jarradale, in company with the National and State Presidents, to experience the esprit de corps of both memberships. My thanks to Ric, Digger and their teams.

I am very aware that much is expected of my role, as my list of ‘things to do’ increases, I look forward to serving you, the membership, through the State Executive, to the best of my ability. I strongly believe that clear, concise and timely communication is vital if an organisation as large as ours is to work; I am but a phone call/email away.

May I take this opportunity to wish you and your families a very Happy and Safe Festive Season. To those I have still to meet, I look forward to doing so throughout 2012.

Phil Orchard - CEO/State Secretary

MY Community is a loyalty program where the customer at Cash and Carry in WA can determine where much needed funds are able to be directed in the community.

For every $100 (excluding tobacco and liquor products) spent by the customer at Cash and Carry in WA, they will receive one MY Community token. This token is then placed by the customer in one of our charity bins. Each month these bins will be emptied and the tokens tallied, ready for payment to the charity group. Payments to the charity will be quarterly. Each one of our three Cash and Carry branches (Canning Vale, Balcatta and Bunbury) will have 20 Community groups participating in the program. The way the program works is for every $100 a customer spends in the store, they will receive one token to donate to the local community group of their choice. For example, if a customer spends $300 they will receive 3 coins to donate. Customers will deposit the coins they have received into a Community group’s deposit box.

**MY Community Token Details**

- **Free extra limousine**: Special extras for RSL members
- **No administration fee for immediate payment in full**: For more information, call 08 9231 5100

**FOR MORE INFORMATION**

CALL JOHN RANGER AT BOWRA & O’DEA ON (08) 9231 5100

Bowra & O’Dea. Simply a matter of trust.

**PREPAID DIVISION**: 406 BEAUFORT STREET, HIGHGATE 6003. TELEPHONE: 9231 5100 FACSIMILE: 9228 4614.
For every man who calls himself true blue...

SON OF THE
SOUTHERN CROSS
RING

WE SWEAR BY THE SOUTHERN CROSS
TO STAND TRULY BY EACH OTHER AND
FIGHT TO DEFEND OUR RIGHTS AND LIBERTIES

PETER LAJAR,
LEADER OF THE BALLARAT REFORM LEAGUE, 1854

In a world where old values are fast disappearing and
the fight for personal rights has never been greater,
there is only one symbol a man can rely on – the Eureka
Flag. Born out of a struggle for justice and a fair go for
all, this true blue warrior defines any man brave enough
to take a stand. Now you can show the world your pride
in the Eureka Spirit, with a hand-crafted ring as bold as
the legend which inspired it.

Rugged, Masculine, Defiant
An authentic recreation of the original 1854 Eureka flag
looms large and proud in this exclusive edition. Plated in
sterling silver, the Southern Cross is brought gloriously
to life, as it rests in a bed of rich blue enamel, echoing
the colours of the original flag. Engraved within the band
are the powerful words ‘Son of the Southern Cross,’
identifying the wearer as a true blue Aussie who stands
up for what he believes in, whatever the odds.

Not available anywhere else.
Act fast.

Commissioned exclusively by The
Bradford Exchange, the “Son of the
Southern Cross Ring” will be a much
sought-after design for any Aussie bloke.
And it's excellent value too, payable in
three easy, interest-free instalments of
$49.00. That's just $147.00, plus $14.99
postage and handling. To reserve your
ring, backed by our world-famous
120-day money back guarantee, send
no money now. Just return the coupon
today.

Hand-crafted with sterling silver-plate
and hand-applied enamelling

Authentic reproduction of the
original 1854 Eureka Flag

Proudly engraved
with the message
‘Son of the Southern Cross’

Find your perfect ring size

Place one of your own rings on the chart and match a circle with
the inside of your ring (a simple band works best for accurate
measuring). Write your size in the coupon (below).

THE BRADFORD EXCHANGE

Please Respond Promptly

YES! Please reserve the
“Son of the Southern
Cross Ring” as described in
the advertisement. This ring
is available for three
installments of $49.00,
a total of $147.00, plus
$14.99 postage and
handling. I understand I
need pay nothing now.

Please select your preferred reservation option:

1. MAIL: no stamp required to:
The Bradford Exchange, Reply Paid 6763
Wellington Park DC NSW 1851

2. FAX: (02) 9841 3399 - 24hrs

3. ONLINE: www.bradford.com.au

My ring size is:

Please allow up to 28 days for delivery. All sales subject to product availability and reservation acceptance. Credit card charges may apply. See our terms and conditions for details. If you would prefer to order with a credit card, please be advised.
The 25th Annual State Congress was held on Saturday, 26 November 2011 at the Mercure Hotel, Perth.

In attendance was 27 Sub-Branches with a total of 122 delegates from all parts of Western Australia.

Mr Bill Gaynor OAM RFD, RSL WA State President, said, “It was pleasing to see representation at Congress as we had some quite contentious topics to discuss during Congress Motions”. Mr Gaynor was also pleased that Sub-Branches had contributed to Congress with topics that needed to be brought out and discussed by the Membership.

The Governor, His Excellency Mr Malcolm McCusker AO CVO QC, opened the Congress. He said that he was honoured to be a part of such an event. It became apparent to all that he had done his research of the RSL when he presented his very interesting address.

Mr Gaynor delivered his Annual Report and the Minister for Veterans’ Affairs, Mr Warren Snowdon MP, spoke. Mr Snowdon was followed by Mr Eric Ripper MLA, leader of State Opposition, and then the Shadow Minister of Veterans’ Affairs, Senator Michael Ronaldson.

As the Congress was running ahead of schedule the Repatriation Commission Secretary, Ian Campbell PSM, presented his speech on how different Legislation covers different aspects of Service Compensation and Rehabilitation.

Later on in the Congress several Sub-Branches put forward motions for discussion. After this process was completed it was time for the Congress to close.

Rear Admiral Ken Doolan AO RAN (Retd) addressed the forum and spoke of the importance of engaging the younger veterans in the RSL as a lot of the WWII and Korean veterans are now passing on. He stressed the need for the RSL to change how it communicates with these Veterans, ensuring we inform them of the benefits of being a member of the RSL.

Mr Gaynor closed the Congress and thanked members for their contribution to another successful Congress.

Denis Connelly
25th Annual State Congress
Congress Awards

Honourary Membership

Mr Malcolm McCusker AO CVO QC, Governor of WA and Patron of RSL WA Branch

Life Members 2011

Mr Arthur Stanton, Mr Alastair Jessop, Mr Brian O'Toole

Sub-Branch Trophy Winners

Ken Bladen Recruiting Shield, City of South Perth Sub-Branch

Newdegate Cup, City of Rockingham Sub-Branch

Mary Cornell Trophy, City of Subiaco Sub-Branch

Three Springs Arrino Sub-Branch

The Three Springs Arrino Sub-Branch won the Geraldton Shield as well as the Colonel Collett Cup but they were unfortunately not able to attend the Congress.

Congratulations to all award winners.
The Minister for Veterans’ Affairs, Warren Snowdon, has criticised the Federal Opposition for making incorrect claims and creating unnecessary concern amongst the veteran community and ex-service organisations (ESOs) ahead of the Christmas season.

“The Australian Government remains entirely committed to the wellbeing of our veterans and the advocacy services provided by ESOs in support of compensation claims and reviews,” Mr Snowdon said.

“The Opposition’s claim that ‘...reductions in BEST, funding, which sum to $8 million removed from all advocacy funding programmes in this year’s Budget’ is wrong.”

The Government applied a $1 million reduction a year over four years commencing in the 2011-12 Budget from Building Excellence in Support and Training (BEST) grants. A similar $1 million reduction each year was applied to the Veteran and Community (V&C) grants program but that funding is not used for advocacy services for veterans.

Funding for the BEST program was increased by the Labor Government after the 2007 election and was kept steady for the following three years, even though the number of Department of Veterans’ Affairs (DVA) clients dropped from around 425,000 in December 2007 to some 346,000 forecast at the end of this year.

In 2010-11, BEST funding was $4.2 million. For 2011-12, BEST funding is $3.5 million and includes a one-off transitional allocation of $0.8 million. A further $0.7 million is available to assist ESOs to move to a more integrated cost-efficient service model that can be sustainable to meet areas of high demand.

There is also declining demand for the V&C grants, and the revised level of funds is commensurate with this decline. The Budget for 2011-12 is $2.6 million.

While the veterans of the Second World War, the Korean and Vietnam Wars, and other conflicts since then are growing older, DVA and ESOs face a challenge with a new generation of veterans needing support.

It is imperative that we also focus on the health and wellbeing of younger veterans, young serving members and their families.

A new On Base Advisory Service is operating at over 35 bases across the country, helping Defence members and their families better connect with DVA services and easing the transition out of the Australian Defence Force.

A number of programs are strengthening the links between Defence and DVA, including the Support for Wounded, Injured or Ill Program (SWIIP), which enhances the way the two organisations interact, to better serve the modern veteran.

This Government is strongly committed to our veterans and their families – this has been demonstrated over the last four years. During the previous 11 years in government, the Coalition virtually ignored the needs of the veteran community.

DVA Media

The benefits of carbohydrates

Carbohydrates have received bad press in recent years, but in fact, they form the cornerstone of a healthy diet.

Fibre-rich wholegrain breads and cereals offer protection against heart disease and diabetes. Carbohydrates are the building blocks of a healthy diet. They fuel the body, which turns them into the basic currency of energy: glucose, or blood sugar. If you restrict your intake of carbohydrates, your body will turn a part of the protein and a little of the fat you eat into blood sugar—in effect, it will convert them into carbohydrates through a complicated, wasteful process.

It’s more efficient and healthy to give your body the right amount of carbohydrates to begin with. Not too much, of course; too many kilojoules from fat or protein, can lead to weight gain. It’s very easy to overeat carbohydrate-based snacks like sweet and savoury biscuits.

So choose quality food sources. Wholegrain breads, brown rice and cereals have the nutritious germ and fibre-rich outer layers intact. Whole starchy vegetables such as potatoes, corn and beans are rich in nutrients and fibre and low in sugar. Aim for three servings of wholegrain foods per day to lower the risk of heart disease and diabetes.

The Australian Heart Foundation backs this up with reports that dietary fibre, especially cereal fibre, is associated with a lower risk of developing diabetes. Whole grains offer protection against heart disease and diabetes. Wholegrain breads and cereals are a cornerstone of a healthy diet. They fuel the body, which turns them into the basic currency of energy: glucose, or blood sugar.

A baked potato, topped with low-fat cheese, yoghurt or sour cream, or even a teaspoon of butter or margarine, is nutritious and fibre-rich. So are sweet potatoes, which are loaded with beta-carotene.

Beans, lentils and peas are rich in protein, making them excellent meat substitutes and high in fibre. Rinse canned beans thoroughly (soak dried beans) to reduce the salt content before cooking—dry lentils don’t need presoaking.

No need to thine frozen peas (good sources of fibre). Just separate them under cold running water and toss into simmering soups and stews a few minutes before serving.

From Looking After Your Body

Readers Digest

A poor immune system can contribute to many diseases and conditions—particularly in later life. So, how do you safeguard yourself from ill-health and boost your immunity?

The Sydney Morning Herald reports a number of foods can boost immunity and help the body heal with any challenges it may face.

Go nuts!

Almonds, cashews and walnuts are packed with Vitamin E, an antioxidant that helps rid the body of free-radicals, while creating antibiotics that fight the bacteria that often makes you sick.

Add a little bitterness to your life

Eating citrus fruits such as grapefruits, lemons, limes and tangerines may help you fight infection. But, if that sour taste does not tickle your tastebuds, then try consuming capsicums which will provide you with equally as much Vitamin C as it is famous for fighting infection.

Not all bacteria is bad

There are some strains of bacteria that do not cause the immune system to plummet, in fact, yoghurt has long been known as “good bacteria” which will keep your digestive system up and running.

New research from the Journal of the American Dietetics Association indicates regularly consuming foods with ‘good bacteria’—also known as probiotics—may help to boost the immune system.

Show us your green tongue

Green tea is known to stimulate the immune-system cells and prevent disease-promoting compounds from forming.

Add a bit of honey if you do not like the bitter taste that some green tea may bring; however, ensure you do not add milk as this reportedly stops the tea’s “immunity-building” benefits.

Prawns build immunity

Prawns are low in fat—but the good news does not end there. Prawns also contain the antioxidant selenium, which is a mineral needed in small amounts and works to support a healthy immune system.

Reproduced from the Aged Care Guide – DPS News

Boost Immunity with these Foods

Carbohydrates have received bad press in recent years, but in fact, they form the cornerstone of a healthy diet.

Fibre-rich wholegrain breads and cereals offer protection against heart disease and diabetes. Carbohydrates are the building blocks of a healthy diet. They fuel the body, which turns them into the basic currency of energy: glucose, or blood sugar. If you restrict your intake of carbohydrates, your body will turn a part of the protein and a little of the fat you eat into blood sugar—in effect, it will convert them into carbohydrates through a complicated, wasteful process.

It’s more efficient and healthy to give your body the right amount of carbohydrates to begin with. Not too much, of course; too many kilojoules from fat or protein, can lead to weight gain. It’s very easy to overeat carbohydrate-based snacks like sweet and savoury biscuits.

So choose quality food sources. Wholegrain breads, brown rice and cereals have the nutritious germ and fibre-rich outer layers intact. Whole starchy vegetables such as potatoes, corn and beans are rich in nutrients and fibre and low in sugar. Aim for three servings of wholegrain foods per day to lower the risk of heart disease and diabetes.

The Australian Heart Foundation backs this up with reports that dietary fibre, especially cereal fibre, is associated with a lower risk of coronary heart disease.

No one is yet sure how whole grains protect against heart disease and diabetes. Wholegrain breads and cereals have the nutritious germ and fibre-rich outer layers intact. Whole starchy vegetables such as potatoes, corn and beans are rich in nutrients and fibre and low in sugar. Aim for three servings of wholegrain foods per day to lower the risk of heart disease and diabetes.

The Australian Heart Foundation backs this up with reports that dietary fibre, especially cereal fibre, is associated with a lower risk of coronary heart disease.

No one is yet sure how whole grains protect against heart disease and diabetes. Wholegrain breads and cereals have the nutritious germ and fibre-rich outer layers intact. Whole starchy vegetables such as potatoes, corn and beans are rich in nutrients and fibre and low in sugar. Aim for three servings of wholegrain foods per day to lower the risk of heart disease and diabetes.

The Australian Heart Foundation backs this up with reports that dietary fibre, especially cereal fibre, is associated with a lower risk of coronary heart disease.

No one is yet sure how whole grains protect against heart disease and diabetes. Wholegrain breads and cereals have the nutritious germ and fibre-rich outer layers intact. Whole starchy vegetables such as potatoes, corn and beans are rich in nutrients and fibre and low in sugar. Aim for three servings of wholegrain foods per day to lower the risk of heart disease and diabetes.

The Australian Heart Foundation backs this up with reports that dietary fibre, especially cereal fibre, is associated with a lower risk of coronary heart disease.

No one is yet sure how whole grains protect against heart disease and diabetes. Wholegrain breads and cereals have the nutritious germ and fibre-rich outer layers intact. Whole starchy vegetables such as potatoes, corn and beans are rich in nutrients and fibre and low in sugar. Aim for three servings of wholegrain foods per day to lower the risk of heart disease and diabetes.

The Australian Heart Foundation backs this up with reports that dietary fibre, especially cereal fibre, is associated with a lower risk of coronary heart disease.

No one is yet sure how whole grains protect against heart disease and diabetes. Wholegrain breads and cereals have the nutritious germ and fibre-rich outer layers intact. Whole starchy vegetables such as potatoes, corn and beans are rich in nutrients and fibre and low in sugar. Aim for three servings of wholegrain foods per day to lower the risk of heart disease and diabetes.

The Australian Heart Foundation backs this up with reports that dietary fibre, especially cereal fibre, is associated with a lower risk of coronary heart disease.

No one is yet sure how whole grains protect against heart disease and diabetes. Wholegrain breads and cereals have the nutritious germ and fibre-rich outer layers intact. Whole starchy vegetables such as potatoes, corn and beans are rich in nutrients and fibre and low in sugar. Aim for three servings of wholegrain foods per day to lower the risk of heart disease and diabetes.

The Australian Heart Foundation backs this up with reports that dietary fibre, especially cereal fibre, is associated with a lower risk of coronary heart disease.

No one is yet sure how whole grains protect against heart disease and diabetes. Wholegrain breads and cereals have the nutritious germ and fibre-rich outer layers intact. Whole starchy vegetables such as potatoes, corn and beans are rich in nutrients and fibre and low in sugar. Aim for three servings of wholegrain foods per day to lower the risk of heart disease and diabetes.

The Australian Heart Foundation backs this up with reports that dietary fibre, especially cereal fibre, is associated with a lower risk of coronary heart disease.
### TIP INFORMATION SERVICE (4 of 2011)

**VETERANS’ ACCESS NETWORK**

ITEM: The Veterans Affairs Network has changed its name to:

| Reason | Access
|--------|--------|
| ITEM: The acronym ‘VAN’ stays the same | 2. This change comes about following the national expansion of the DVA general enquiry telephone service, known as the ‘Veterans’ Service Centre’ (VSC). In bringing Queensland and then NSW phone traffic into the VSC, DVA metropolitan and regional VAN offices have also become part of the national network.
| 3. This has allowed the Department to offer greater options for their clients to engage with them, either in person or through the telephone. | 4. The Veterans’ Service Centre (VSC) and the Veterans’ Affairs Network (VAN) will therefore be known as the Veterans’ Access Network (VAN).
| 5. The introduction of the word “Access” is a reminder that VAN is the portal through which clients gain access to the Department. | 6. As with phone handling arrangements that have been in the VSC since 2007, incoming calls may be answered by staff anywhere in Australia. However, this should be invisible to the caller.
| Phone arrangements | 7. The DVA assures that counter services for personal visits by clients will be maintained at all sites, and outreach and forum presentations will continue to be conducted in metropolitan and regional areas.
| Services | 8. Deputy Commissioner [Victoria]
| Source | TIP Information Service [403844712]
2/2 Commando Association of Australia

We have a new website: www.doublereds.org.au
Colleen Thornton-Ward – Secretary/ Treasurer – 2/2nd Commando Association of Australia Inc

2Lt Bevan Patrick Turner

I have been trying to contact veterans who served with 2Lt Bevan Patrick Turner. His regimental number is 15893. He was with 104 Signal Squadron, South Vietnam 1969-70.

I have found out that he has passed away. He was my father. I didn’t know him so would like to find out more about him. I was wondering if anyone could help me by providing any information on him.

I was actually born on the day that he deployment for Vietnam and so I was actually born on the day that he deployed for Vietnam and so I was wondering if anyone could help me by providing any information on him.

Thank you so much.

Leandra Norman – leandranorman@gmail.com

86 Transport Platoon Reunion – 2012

This unit being one of the biggest that has served in Vietnam outside of the battalions is holding a reunion in April 2012 at Port Stephens (NSW). The Reunion is to commemorate 40 years end of deployment

Contact: Raymond Davis (Chairman) 02 94761038 or email academy077@yahoo.com.au

Visit our website: www.86transportreunion2012.com

A Companion to the Australian Media

I am a contributing writer to a major work now in progress called A Companion to the Australian Media. http://www.scholarly.info/media/

Essentially, this project will bring to fruition a publication listing a huge range of media organisations, activities, personalities and themes. I am writing on the topic of Armed Forces Media.

It would be appreciated if any RSL members with recollections, during their service at home or abroad, of newsletters, news-sheets, newspapers or other information or entertainment materials (produced either officially or independently) could kindly contact me.

For example, these items could include newsletters produced on convoys travelling to the Middle East or Vietnam, hand-written ‘newspapers’ produced in the trenches during WWII or in POW camps in WWII, RAAF air base news-sheets, materials produced on board RAN vessels and so on. Memories of forces radio stations (such as the AAGS radio outlets of WWII, RAAF Radio Butterworth, AFVY Vung Tau etc.) would also be welcome.

Servicemen and women who have served in Timor Leste, Afghanistan, the Gulf and Iraq might also be able to provide information on newspapers/TV/radio material produced by/for ADF personnel in those theatres.

Thank you in advance for your assistance,
Associate Professor Martin Hadlow - m.hadlow@uq.edu.au

Anniversary Celebrations 2012

No 75, 76 and 77 Squadrons were formed in March 1942. Activities are currently being organised to commemorate the 70th anniversary of this event.

We are looking for people who served in these units and are not on any current association nominal rolls and, in particular, WWII veterans who we don’t have contact details for.

Please forward your name, address, phone number and email address along with details of squadron affiliation to Mr Ron Slater DFC at 37 Braseide ST WAHRONGA NSW or ron.a.slater@gmail.com

Attention: Bridal Train Brides WWII

I am a journalist with the Fairfax Sunday newspapers (the Sun Herald in Sydney and the Sunday Age in Melbourne) and I’m researching a story on women who caught the so-called bridal train across Australia at the end of World War II so they could meet up with their American husbands/fiancées.

I would like to find some women who were part of the journey as a story for ANCZAC Day next year.

People can contact me at: Stephanie Peatling - The Sun Herald - Press Gallery - Parliament House – Canberra ACT 2600 or speatling@hotmail.com

Australian Army Nursing Sisters

The Applecross RSL Sub-Branch will conduct a memorial service for the Australian Army Nursing Sisters from the SS Vynor Brooke who drowned, were massacred at Bangka Island or died as prisoners of war.

This service is taking place at the Memorial, Honour Ave, Point Walter Reserve, Bicton, on Tuesday 14 February at 11am. Members of Ex Service Organisations and the general public are invited to attend and lay a floral tribute if desired. BYO chairs if required. Enquiries 93648564 or 93303586.

Helen Pickering

Ex 3 RAR

If any one knows the whereabouts of Harry James and or Stephen Frew ex 3 RAR can you please ask them to contact Susan Vaughan on 0403285578.

Gallipoli Battlefield & Cultural Tour 2012

18 – 30 April 2012. For further information contact Jenny Knight from the War Widows Guild of WA on 03 9371 7470 / 0402 051 592 or John Waller from Boronia Travel Centre on 1800 035 350

Gregory Colin Barham

David Charles Lee (R95299) recently seeks to be reunited with a lost friend from the Vietnam War.

The person in question is Gregory Colin Barham (Service Number R95198). Details of birth: the Entrance NSW on 01 Feb 1950. He enlisted in Sydney. Next of Kin is Barham Lauril.

Gregory tried to make contact with Mr Lee several years ago and got in contact with Mr Lee’s mother. Unfortunately she passed away two weeks later before the contact information was passed on.

During the war Gregory was known as “Slim” Barham.

If you are Gregory Colin Barham, or know how to contact him, can you please pass on either of the following details to reunite these two great mates.

Sirra (Daughter of David): 0401 815 287 - sirra.sac.pua@gmail.com

Matt Sloan: 0401 675 069 - xploisi@internode.on.net

Japanese Flag

I am seeking information about a Japanese flag that was brought home from New Guinea after World War II. The flag has about 70 signatures on it, along with ranks, Army service numbers and many nicknames, signed by men from 4th Australian Infantry Battalion. The majority of signatures are those of men from New South Wales.

The flag is in the possession of my family and we would like to possibly find out a little about it before approaching a museum for possible donation.

The WA men’s names are:
F.H. Armanasco (W87172); A.W. Bastian (WX39471); R.A. Beard (WX38251); V.M. Beard (WX38252); W.C. Blythe (WX40325); W.A. Dalziell (WX36633); J.K. Kingdon (WX38165); W.H.I. Law (WX39422); F.A. Oates (WX32889); D.E. Patten (WX40203); P.G. Wyatt (WX38632)

Judy Berce – judy.be2009@bigpond.com

Calling all Middle East Area of Operations (MEAO) Veterans – There’s still time to have your say, but be quick!

In 2010, the largest health research program ever undertaken for the ADF, the Military Health Outcomes Program (MiHOP), was launched.

The MEAO Health survey is about to close. The Centre for Military and Veterans’ Health (CMVH) at the University of Queensland, has been conducting the MEAO Health Study which is part of the Military Health Outcomes Program (MiHOP).

The study aims to capture the health, wellbeing, and deployment experiences of ex-serving and Reservist personnel who deployed to the MEAO since 2001.

Research indicates that following deployment, physical and mental health outcomes for ex-serving members are different from those of currently serving members.

Earlier this year invitations went out to ex-serving and Reservist personnel to participate in the study, but “Given that ex-serving and Reservist ADF members can be more difficult to locate, we welcome these group members to contact us directly,” urges Associate Professor Susan Treloar, CMVH, the University of Queensland.

“Due to lack of current contact information, it can be difficult to ensure that information about such an important study reaches all ex-serving and ADF Reserve members. We need their current contact details in order to send information about how to join the study. Log-in and password details for a secure online survey will also be sent, or there is the option to do a mailed paper survey.”

This survey is about to close. If you have not yet participated in this study, we would like to hear from you. Or if you have previously completed the survey but have not yet submitted it, please complete and submit the survey as soon as possible.

For further information on the MEAO Health Study, please visit www.cmvh.org.au/mihop

Enquiries are also welcome by contacting CMVH on freecall 1800 886 567 or email to mihop@cmvh.org.au

Author: Nadine Mammone
Memorial(s) Development Committee

As Patron of the Memorial(s) Development Committee, I am seeking your support to enable the construction of two separate, but complementary, national memorials in Canberra to appropriately recognise the sacrifices made by our nation in WWI and WWII.

The Committee has in the past received the moral support of the RSL and, in some instances, very generous donations from RSL Branches and other veterans’ associations. This project is at a stage where your ongoing support is most important if these memorials are to come to fruition and I ask you to continue to lend it.

Further background and history of this project can be found on the committee’s website – www.mdc.com.au

Michael Jeffery

********

Invitation

The Nashos League of Western Australia Incorporated together with the Northam RSL Sub-Branch invites you to attend the unveiling and dedication of our fifth Wheatbelt WA National Service commemorative memorial. Where: Fitzgerald Street, Northam (Memorial Hall) on 14 February 2012 (Nashos Day).

All welcome - hope to see you there. For further information please contact: Mr Eddie Freeman-Smith, President NLWAI - Phone (08) 9622 1485

New Zealand Military

Did you or someone you know serve in the New Zealand Military? You may be eligible for the New Zealand Defence Medal (NSDM). For further information visit http://medals.nzdf.mil.nz/medals/contactform-nzsdm.asp

********

Rhodesian Veterans & Partners

Meet the first Friday of every month at the Nollamara RSL Sub Branch at 6.00pm

Kitchen is open at 6.00pm. There is music by DJ & dancing. Contact Peter Glynn on 0412771523 email anaconda.pag@optusnet.com.au

********

WWII Tunnel Tours

The Royal Australian Artillery Historical Society conduct tours of the WW2 Tunnels at Leighton each Sunday from 10.00am to 3.00pm. Entrance to the car park and tunnels is at Boundary Rd, Mosman Park. See the website www.artillerywa.org.au for a virtual tour.

The Listener Post relies on support from advertisers who contribute to our newspaper. Please remember when you are using their services or shopping for goods, you mention that you are responding to an advertisement you saw in "The Listening Post" so advertisers know that their advertisements are effective.

Please mention:
"I saw your advertisement in The Listening Post"
Sudoku

The editors have included new puzzles to test both our younger and young at heart readers. Sudoku is included in this and future editions of 'The Listening Post'.

Look upon this quiz as stopping the onward march of Alzheimer's Disease!

Sudoku is a logic-based, combinatorial number-placement puzzle. The objective is to fill a 9×9 grid so that each column, each row, and each of the nine 3×3 boxes (also called blocks or regions) contains the digits from 1 to 9 only one time each. The puzzle setter provides a partially completed grid.

Provided by Sudoku.com.au
The Nollamara RSL Sub Branch

Our Club & Bar is open from Monday to Saturday from 9.00am to close and Sunday from 10.00am.

We are always looking for new Service and Affiliate members. If you would like to be part of our Sub Branch please contact our membership officer Greg Smith at membership@nollamararsl.asn.au or ring 93441966.

Events coming up
1. Rhodesian Formal Dinner in Night Saturday 12 November 7.00pm. Contact Mr Peter Glynn 0412777523 email anaconda.pag@optusnet.com.au
2. Feel like a bit of fun on Friday night? Come and join us at our family night for mateship, a feed and a dance. Children are welcome.
3. Every 2nd Friday of the month is Karaoke night. Family welcome.
4. Chase the ACE Starts February 2012 and finishes are welcome.
5. Every 2nd Friday of the month is Karaoke night. Family welcome.
6. Nollamara RSL Golf - Every Wednesday 19th Hole- Meet up after the game at the Nollamara RSL
7. New Years Eve Party - Nollamara RSL is seeing in the New Year of 2012 so come and celebrate with us. See the New Year in with Rock N Roll and dancing. BYO nibbles.

Functions
You can book the RSL Hall for any type of function such as parties, weddings or birthdays. For bookings contact Chez 93441966

Closing Dates
We are closed Christmas Day and Easter Good Friday.

Service Vale
Sadly we lost one of our members: Mr Colin Heslewood. All the Committee & members thoughts are with the Heslewood family.

Contact
Visit our web site www.nollamararsl.asn.au

Gregor McAlister - Secretary / CEO Nollamara RSL
68 Sylvia St, Nollamara W A 6061
Ph: (08) 9344 1966 • Fax: (08) 9345 2257 – Mobile: 0419 121 947
Email: secretary@nollamararsl.asn.au

The City of Perth RSL Sub-Branch will celebrate Christmas this year at Miss Maud’s in Pier Street with a festive buffet lunch in December.

Each year the club subsidizes a get-together of members, partners and associates in a tradition that goes back some 20 years.

President Gordon Norton said that around 30 guests were expected this year but he would like to see more of the Sub-Branch’s 500 members. If members are interested the Sub-Branch plans to organise more events and attract guest speakers to make luncheon meetings more attractive.

“It’s important that we keep the tradition of hospitality alive and well in our club. We get between 40 and 50 at our monthly meetings every second Tuesday and most stay on for a light lunch. With our big membership base we believe that we can do better than that.”

Monthly meetings are held in the bowling club premises shared by Tattersall’s and the Perth Bowling Club overlooking the Swan River off Plain Street. The Sub-Branch will have new premises in the City of Perth building complex to be developed on that site by 2014. The executive committee took part in a consultation process with the City of Perth to ensure the Sub-Branch needs for meeting space, social activities, office and storage were met. Major facilities will be shared with other organisations assisted by the City.

If you are a member of the City of Perth RSL Sub-Branch and you would like to know more about membership functions contact Secretary Jean Harris by telephone on 9247 1009 or by email at jeannharris@bigpond.com

They shall grow not old, as we that are left grow old. Age shall not weary them nor the years condemn. At the going down of the sun, and in the morning. We will remember them. Lest we forget.
Welfare & Pension News

Poppy Day Proceeds Go To A Great Use

The WA Aged Sailors Soldiers and Airmen's Fund Trust recently made a donation of an electronic bed to Bedingfeld Nursing Home, Pinjarra. This donation was matched by RSL Pinjarra Sub-branch donating another bed to the Home.

This donation was made possible by the generosity of people on Poppy Day each year.

All monies collected on Poppy Day are used for the welfare of veterans, widows and their dependants. The

Trustees of The WA Aged Sailors Soldiers and Airmen’s Fund manage 50% of monies collected on Poppy Day each year, as directed by the 1932 Act.

Both beds donated to Bedingfeld Nursing Home will be used exclusively by veterans or their widows.

Rosalind Howat
Administrator Welfare

Men’s Health Peer Education

Men’s Health is a group of volunteers trying to pass the word onto other Men and Organisation’s about healthy living. Please help us to help others.

Drop in one Thursday for a chat and of course bring your partner with you if you wish.

We are always looking for people to come along and give a talk on Men’s Health subjects, if you have a subject you would like to talk on please drop me a Email: Coordinator: Phill Quartermaine: quarter@iinet.net.au

At our last meeting the speaker was Mrs. Grace Maiolo who was one of the first female butchers in W.A. Grace is also an author and has just published her first book. Grace came to our shop front at the Forrestfield shopping centre and gave a talk on healthy food and healthy eating; it was very interesting discussion.

Phill Quartermaine
From DreamWorks Pictures and director Steven Spielberg comes “War Horse”, an epic adventure for audiences of all ages, and an unforgettable odyssey of friendship, discovery and courage.

This sweeping tale of a young boy named Albert and his beloved farm horse Joey, takes place at the outbreak of WWI. Joey is sold to the British cavalry by Albert’s father and dispatched to the front lines, where he begins an extraordinary journey against the backdrop of the Great War. Despite the obstacles he faces at every step of his journey, Joey touches and changes each life he encounters along the way. Albert, unable to forget his friend, leaves home for the battlefields of France to find his horse and bring him home.

First published as a novel in 1982, “War Horse” quickly became a family classic of love and loyalty, beloved by children and adults alike around the world. The story went on to be adapted into a triumphant, international theatrical hit-which is where Steven Spielberg first encountered it with a passionate reaction.

The First World War is experienced through the journey of this horse - an odyssey of joy and sorrow, passionate friendship and high adventure. “War Horse” is one of the great stories of friendship and war - a successful book, it was turned into a hugely successful international theatrical hit that is currently on Broadway. It now comes to screen in an epic adaptation by one of the great directors in film history.

Natasha Jurcun
Walt Disney’s WA Theatrical Publicist

The war in Vietnam was cruel and costly in every sense, as indeed all wars are! However the nature of this war was not so markedly different from any other armed conflict in which Australian troops had been involved – certainly not to a degree that would justify the creation of a special purpose single interest museum, which is the case of the National Vietnam Veterans Museum – so why does this particular museum exist (?)

The title of the museum provides a clue with the emphasis being on the word ‘Veterans’, which indicates that it is dedicated to Veterans in particular, not the War in general. It was the adverse reception that troops had to endure on their return to their homeland that created a heartfelt need for them to want to be remembered as persons who were good soldiers who had done a good job.

This written history seeks to record their emotional need and to derail the path walked by a group of totally committed volunteers who created an incredible museum over a seventeen-year period. It is a work of non-fiction based on personal interviews and submissions; plus impressions derived from unsolicited and un-attributed observations and comments from a very extensive range of museum patrons.

The occasion was to thank Dr and Mrs Michael for their support over his tenure as Governor and Patron of RSL WA. Dr Michael spoke fondly of ANZAC Day and Remembrance Day services, highlighting his enjoyment and gratitude at being able to attend such important occasions in his role.

Denis Connelly
The Memorial is very pleased to accept the Lost Diggers collection of First World War photographs on behalf of all Australians, and would like to acknowledge the generosity of Mr Kerry Stokes AC for the donation of the photographic collection.

We look forward to receiving the collection and beginning the rewarding task of caring for the photographs and researching the soldiers shown in them. Please check our website for regular updates on our progress, and the amazing things we are sure to find.

We will be adding the images to our website, and have plans to make them available in other ways as well. In the meantime, they can be seen on the Lost Diggers facebook page or on the Sunday Night program website.

As we have not yet received the collection, we are not able to answer detailed questions about specific photos or servicemen. Media enquiries should be directed to media@awm.gov.au.

CONTACT DIRECTORY

Contact Details
The Returned & Services League of Australia WA Branch Incorporated
ANZAC House 28 St Georges Tce
PERTH WA 6000
Email: listeningpost@rslwahq.org.au
Website: www.rslwahq.org.au
Telephone: (08) 9287 3799
Facsimile: (08) 9287 3732

WA Country Callers: 1800 259 799
PO Box 3023, East Perth, WA 6892

Please check our website for regular updates on our progress, and the amazing things we are sure to find.

We will be adding the images to our website, and have plans to make them available in other ways as well. In the meantime, they can be seen on the Lost Diggers facebook page or on the Sunday Night program website.

As we have not yet received the collection, we are not able to answer detailed questions about specific photos or servicemen. Media enquiries should be directed to media@awm.gov.au.

Australian War Memorial, Canberra

Nurses: from Zululand to Afghanistan

Exhibition on until 17 October 2012

The Memorial is very pleased to accept the Lost Diggers collection of First World War photographs on behalf of all Australians, and would like to acknowledge the generosity of Mr Kerry Stokes AC for the donation of the photographic collection.

We look forward to receiving the collection and beginning the rewarding task of caring for the photographs and researching the soldiers shown in them. Please check our website for regular updates on our progress, and the amazing things we are sure to find.

We will be adding the images to our website, and have plans to make them available in other ways as well. In the meantime, they can be seen on the Lost Diggers facebook page or on the Sunday Night program website.

As we have not yet received the collection, we are not able to answer detailed questions about specific photos or servicemen. Media enquiries should be directed to media@awm.gov.au.
AMAZING HEROES

Serving our Veterans for over 70 years and still number one in veterans care.

HOLLYWOOD PRIVATE HOSPITAL
hollywoodprivatehospital.com.au